

# TDP-43 pathology: from noxious assembly to therapeutic removal

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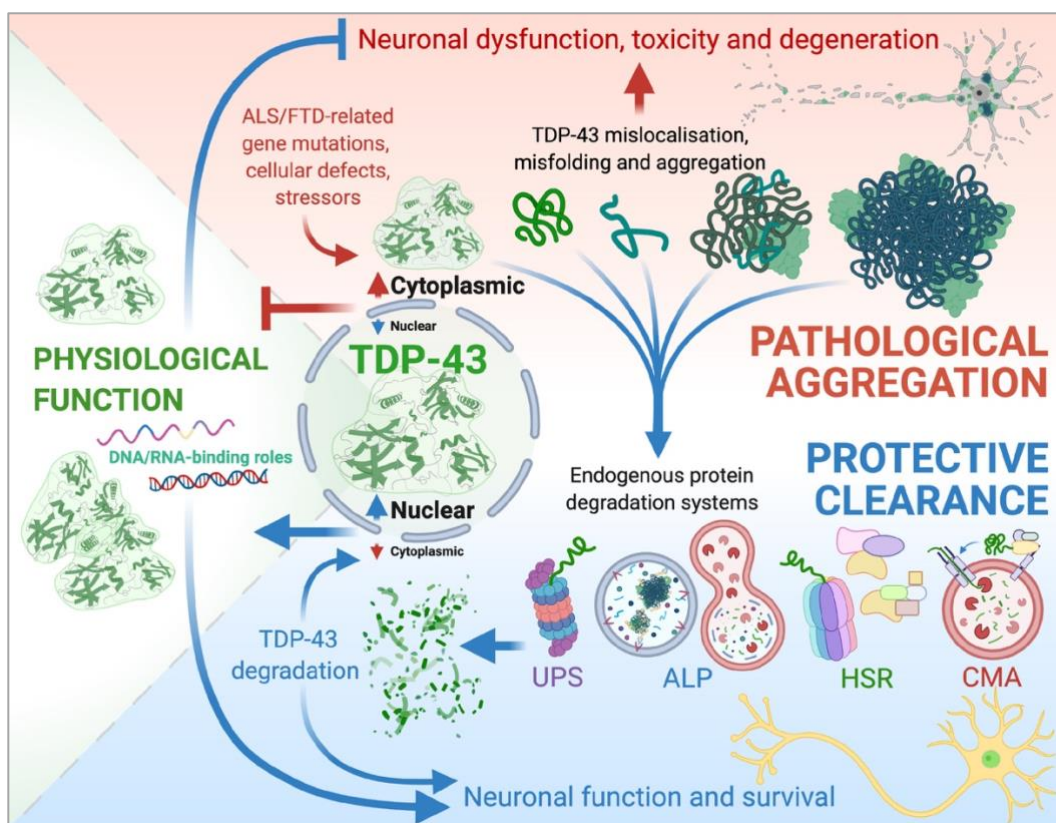
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## Abstract

Our understanding of amyotrophic lateral sclerosis and frontotemporal dementia has advanced dramatically since the discovery of cytoplasmic TAR DNA-binding protein 43 (TDP-43) inclusions as the hallmark pathology of these neurodegenerative diseases. Recent studies have provided insights into the physiological function of TDP-43 as an essential DNA-/RNA-modulating protein, and the triggers and consequences of TDP-43 dysfunction and aggregation. The formation of TDP-43 pathology is a progressive process, involving the generation of multiple distinct protein species, each with varying biophysical properties and roles in neurodegeneration. Here, we explore how the pathogenic changes to TDP-43, including *mislocalisation*, *misfolding*, *aberrant liquid-liquid phase separation*, *stress granule assembly*, *oligomerisation*, and *post-translational modification*, drive disease-association aggregation in TDP-43 proteinopathies. We highlight how pathological TDP-43 species are formed and contribute to cellular dysfunction and toxicity, via both loss-of-function and gain-of-function mechanisms. We also review the role of protein homeostasis mechanisms, namely the *ubiquitin proteasome system*, *autophagy-lysosome pathway*, *heat-shock response*, and *chaperone-mediated autophagy*, in combating TDP-43 aggregation and discuss how their dysfunction likely promotes disease pathogenesis and progression. Finally, we evaluate pre-clinical studies aimed at enhancing TDP-43 protein clearance via these mechanisms and provide insight on promising strategies for future therapeutic advances. Harnessing the mechanisms that protect against or ameliorate TDP-43 pathology presents promising opportunities for developing disease-modifying treatments for these neurodegenerative diseases.



## 1 Highlights:

- 2 • *Physiological RNA-binding, self-assembly, and LLPS influence TDP-43 aggregation*
- 3 • *Distinct pathological TDP-43 species contribute differentially to cellular dysfunction and toxicity*
- 4 • *Neuronal proteostasis failure facilitates TDP-43 aggregation in ALS, FTD, and other neurodegenerative*
- 5 *diseases*
- 6 • *TDP-43 aggregation impairs protein degradation systems to potentiate disease*
- 7 • *Modulating TDP-43 clearance holds promise for effective disease-modifying treatment*

## 8 Key words:

9 **TDP-43 proteinopathy, protein degradation, proteostasis, neurodegeneration, motor neuron disease,**  
10 **ALS, FTD, LLPS**

## 11 List of abbreviations:

12 *ALP, Autophagy-lysosome pathway; ALS, Amyotrophic lateral sclerosis; C9ORF72, Chromosome 9 open*  
13 *reading frame 72; CMA, Chaperone-mediated autophagy; CNS, Central nervous system; CTD, C-terminal*  
14 *domain; CTF, C-terminal fragment; DPR, Dipeptide repeat; FTD, Frontotemporal dementia; FTLTDP,*  
15 *Frontotemporal lobar degeneration with TDP-43 proteinopathy; GWAS, Genome-wide association studies;*  
16 *HSF1, Heat-shock factor 1; HSP, Heat-shock protein; HSR, Heat-shock response; iPSC, Induced pluripotent*  
17 *stem cell; LAMP2A, Lysosome-associated membrane protein type 2A; LATE, Limbic-predominant age-related*  
18 *TDP-43 encephalopathy; LCD, Low-complexity domain; LLPS, Liquid-liquid phase separation; mTOR,*  
19 *Mammalian target of rapamycin; NLS, Nuclear localisation signal; Nups, Nucleoporins; Proteostasis, Protein*  
20 *homeostasis; PROTAC, proteolysis targeting chimera; PTM, Post-translational modification; RRM, RNA-*  
21 *recognition motif; SG, Stress granule; siRNA, Small-interfering ribonucleic acid; SOD1, Superoxide dismutase*  
22 *1; TDP-43, TAR DNA-binding protein 43; UBQLN2, Ubiquilin 2; UPS, Ubiquitin proteasome system.*

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## 26 **1 Introduction**

27  
28 Dysfunction of TAR DNA-binding protein 43 (TDP-43) is the key unifying feature of most cases of  
29 amyotrophic lateral sclerosis (ALS) and frontotemporal dementia (FTD) (Arai et al., 2006; Neumann  
30 et al., 2006). Despite their distinct clinical presentations, these diseases share a common  
31 neuropathology of cytoplasmic TDP-43 protein inclusions within neurons, often accompanied by a  
32 loss of normal nuclear TDP-43, which correlates strongly with neurodegeneration in the affected  
33 regions (Arai et al., 2006; Brettschneider et al., 2013; Neumann et al., 2006). ALS is characterised by  
34 the loss of upper and lower motor neurons in the motor cortex and spinal cord, leading to muscle  
35 denervation followed by progressive muscle weakening, atrophy, paralysis, and respiratory distress  
36 (Burrell et al., 2016; Grad et al., 2017). FTD involves degeneration of von Economo neurons and fork  
37 cells within the fronto-insular and anterior cingulate cortices (Kim et al., 2012; Nana et al., 2019), which  
38 commonly manifests as profound alterations in personality, emotional behaviour, social conduct,  
39 and/or language (Bang et al., 2015; Burrell et al., 2016). Together, almost 97% of ALS and 50% of  
40 FTD cases exhibit primary TDP-43 pathology, the latter being classified pathologically as  
41 frontotemporal lobar degeneration with TDP-43 (FTLD-TDP) (Ling et al., 2013). The clinical and  
42 pathological heterogeneity of these TDP-43 proteinopathies can be at least partly explained by the  
43 diverse morphologies and distributions that characterise distinct TDP-43 assemblies throughout the  
44 central nervous system (CNS) and distinguish individual ALS or FTLD-TDP subtypes (Kawakami et  
45 al., 2019; Laferriere et al., 2019; Takeuchi et al., 2016). However, there is a notable clinical overlap  
46 between these diseases, with evidence of impaired behaviour and cognitive or executive function in  
47 up to 50% of ALS patients, and in ALS animal models (Beeldman et al., 2020; Chiò et al., 2019; Gao

1 et al., 2021; Kasper et al., 2015), as well as motor deficits in some FTD patients (Burrell et al., 2016).  
2 Importantly, TDP-43 pathology has also been observed in other neurodegenerative diseases,  
3 including a proportion of Alzheimer's disease (AD), Parkinson's disease, and Huntington's disease  
4 cases (de Boer et al., 2021). More recently, limbic-predominant age-related TDP-43 encephalopathy  
5 (LATE) has also been described as a primary TDP-43 proteinopathy (Nelson et al., 2019). No effective  
6 disease-modifying treatments are currently available, likely because previous therapeutic approaches  
7 have failed to target the underlying neurodegenerative pathology. However, the widespread  
8 involvement of TDP-43 suggests that therapeutic approaches that ameliorate pathological species of  
9 TDP-43 may be beneficial in treating ALS, FTL-D-TDP, LATE, and other diseases with TDP-43  
10 pathology.

11  
12 Here, we examine the physiological functions of TDP-43, triggers of TDP-43 dysfunction, assembly of  
13 aggregating species, and subsequent cellular consequences. Although TDP-43 pathology is a  
14 consistent feature of ALS and FTL-D-TDP, fewer than 1% of cases of either disease are caused by  
15 *TARDBP* gene mutations (Kim et al., 2020b; McCann et al., 2017). Accumulating evidence suggests  
16 that intrinsic structural characteristics of the TDP-43 protein, disease-causing mutations in other  
17 genes, extrinsic stressors, and defective protein homeostasis (proteostasis) pathways can all drive  
18 the pathological transformation of wild-type TDP-43. Four essential endogenous proteostasis systems  
19 – the ubiquitin-proteasome system, autophagy-lysosome pathway, heat shock response, and  
20 chaperone-mediated autophagy – differentially contribute to the detection, sequestration, refolding, or  
21 degradation of misfolded and aggregated proteins that may be toxic or impair cell functionality (Boland  
22 et al., 2018; Klaips et al., 2018; Nixon, 2013). While these systems normally maintain TDP-43 quality  
23 control, the persistence of TDP-43 inclusions in post-mortem patient tissue and cell and animal  
24 disease models indicates likely impairment of these protective neuronal protein clearance pathways,  
25 which are increasingly implicated in disease pathogenesis (Shahheydari et al., 2017). Understanding  
26 the mechanisms by which endogenous proteostasis systems orchestrate the clearance of different  
27 pathological TDP-43 protein species in neurons will reveal crucial protective pathways that could be  
28 exploited in therapeutic interventions aimed at combatting TDP-43 aggregation.

29  
30

## 31 **2 TDP-43: structure, function and mechanisms that mediate noxious** 32 **assembly of pathological species**

33 Although TDP-43 pathology is the common hallmark of sporadic and inherited cases of ALS and  
34 FTL-D-TDP, the rarity of *TARDBP* mutations means that it is most often the 'wild-type' form of TDP-43  
35 that becomes dysfunctional and undergoes aggregation. The native structure and functional  
36 interactions of TDP-43 contribute to an intrinsic aggregation propensity that links the physiological  
37 roles of this protein with the pathological changes that lead to neurodegeneration.

38

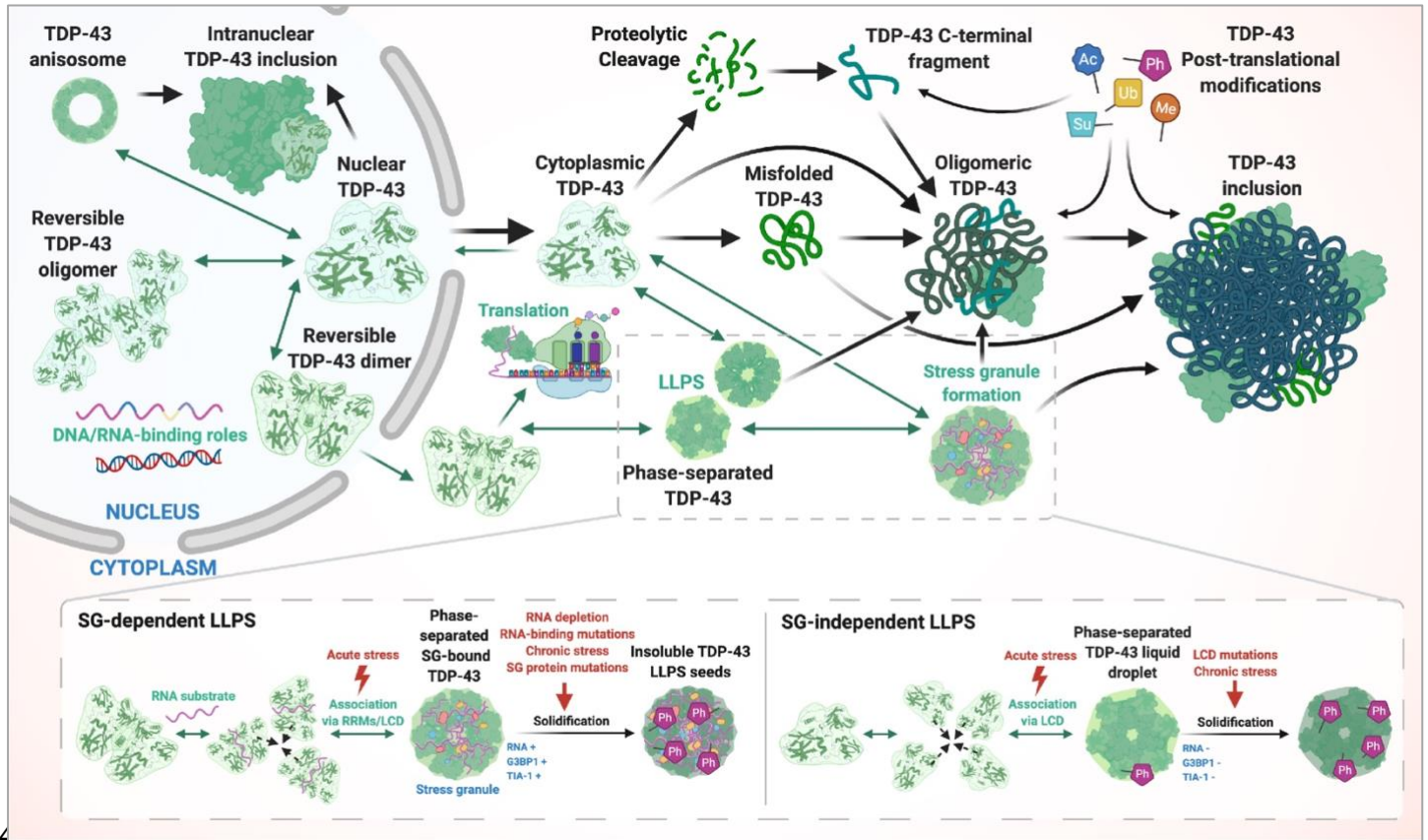
1 TDP-43 is a ubiquitously expressed, highly conserved 414-amino-acid protein that includes a nuclear  
2 localisation signal (NLS), two RNA-recognition motifs (RRM1 and RRM2), and an intrinsically  
3 disordered C-terminal domain (CTD) comprising glutamine-/asparagine-rich and glycine-rich regions  
4 (Buratti and Baralle, 2009). These functional domains mediate interactions with DNA, RNA, and other  
5 proteins to regulate mRNA stability, splicing, and translation, mRNA and ribonucleoprotein transport,  
6 and stress granule (SG) assembly (Afroz et al., 2017; Ayala et al., 2011b; Ayala et al., 2008). Some  
7 regions also participate in binding other TDP-43 proteins for physiological homo-oligomerisation,  
8 liquid-liquid phase separation (LLPS), and SG assembly (Chen and Cohen, 2019; Fang et al., 2019;  
9 Gasset-Rosa et al., 2019; Guenther et al., 2018; Mann et al., 2019). The functions of these structural  
10 domains therefore modulate the cellular distribution, dynamics, self-assembly, and solubility of TDP-  
11 43 (Ayala et al., 2008). Specifically, the detection of the RRM and CTD within truncated fragments  
12 of TDP-43 isolated from patient tissues indicates that these domains may be involved in aggregation  
13 and toxicity (Mackness et al., 2014; Wang et al., 2013b; Yang et al., 2011). In disease, TDP-43  
14 pathology may therefore develop when this intrinsic aggregation propensity is exacerbated beyond a  
15 critical point by extrinsic perturbations to structure, function, localisation, and solubility, to initiate or  
16 accelerate the noxious assembly of pathological TDP-43 species.

17  
18 The most well-characterised modifiers of ALS and FTLD-TDP pathogenesis are the disease-linked  
19 mutations that account for approximately 10-15% and 15-30%, respectively, of all (sporadic and  
20 inherited) cases (Pottier et al., 2016; Renton et al., 2014). Within the subset of cases with a known  
21 genetic cause, mutations in the *TARDBP* gene that encodes TDP-43 account for only 5-10% (Kabashi  
22 et al., 2008; Pesiridis et al., 2009; Sreedharan et al., 2008), with the remaining 90-95% related to  
23 mutations in other genes such as *C9ORF72*, *SOD1*, *FUS* and *UBQLN2* (Kim et al., 2020b). *TARDBP*  
24 mutations account for even fewer cases of genetic FTLD-TDP, which are largely attributable to  
25 *C9ORF72* and *GRN* mutations (Pottier et al., 2016). While rare, mutations in *TARDBP* exacerbate  
26 TDP-43 aggregation and can cause ALS and FTD, providing strong evidence that TDP-43 loss-of-  
27 function and gain-of-toxicity drives pathogenesis (Alami et al., 2014; Budini et al., 2012; Budini et al.,  
28 2015; Nonaka et al., 2009). Importantly, the pathogenic changes to TDP-43 protein (including  
29 mislocalisation, aggregation, and post-translational modification) are also evident in almost all other  
30 sporadic or inherited ALS and FTLD-TDP cases without *TARDBP* mutations (de Boer et al., 2021).

31  
32 Cytoplasmic TDP-43 aggregation likely occurs via a progressive process, involving the formation of  
33 sequential disordered intermediate species including misfolded and oligomeric TDP-43, which likely  
34 precede the terminal deposition of large, insoluble TDP-43 inclusions. These distinct pathological  
35 species have been reported in human disease tissues and variably recapitulated in cellular and animal  
36 models. It is likely that they are each generated via different pathological mechanisms, possess  
37 varying biochemical properties, and exert independent effects on neuronal function and viability (Fang  
38 et al., 2014; French et al., 2019; Scotter et al., 2014). The various molecular changes that underlie



1 this progression of TDP-43 pathology reveal a complex network of interactions between the various  
 2 pathological TDP-43 species, and their relative contributions to neurodegeneration (**Figure 1**).  
 3



5 **Figure 1: The noxious assembly of distinct pathological TDP-43 species in TDP-43**  
 6 **proteinopathies.** Schematic ‘working model’ for the TDP-43 aggregation process, illustrating the  
 7 crucial molecular changes by which physiological TDP-43 becomes pathological (black arrows), from  
 8 *mislocalisation* and *misfolding*, to *aberrant liquid-liquid phase separation* and *stress granule*  
 9 *incorporation*, *C-terminal fragmentation* and *oligomerisation*, *post-translational modification*, and  
 10 finally the deposition of insoluble *inclusions*. Multiple factors contribute to the generation of each  
 11 species, including intrinsic structural characteristics/functions of TDP-43, disease-associated genetic  
 12 mutations, extrinsic stressors, and defective homeostatic pathways. Green arrows represent  
 13 physiological changes in localisation, structure and interactions that are required for the normal  
 14 functions of TDP-43 but also have the potential to drive the formation of pathological species. These  
 15 distinct cytoplasmic pathological TDP-43 species likely exist together in degenerating neurons.  
 16 Schematic figure created with *BioRender*. TDP-43 tertiary structure adapted from *AlphaFold Protein*  
 17 *Structure Database*: <https://alphafold.ebi.ac.uk/entry/Q13148>.  
 18

19 Therefore, understanding how disease-associated genetic mutations, as well as how intrinsic  
 20 characteristics of the TDP-43 protein, extrinsic stressors, and defective proteostasis pathways all  
 21 contribute to the dysfunction and pathological aggregation of TDP-43, should reveal crucial disease  
 22 mechanisms and therapeutic targets driving ALS and FTD pathogenesis and progression, to identify  
 23 important therapeutic targets.  
 24

## 1 **2.1 RNA binding regulates TDP-43 stability and aggregation**

2 Research into TDP-43 self-assembly has primarily focused on the C-terminal glycine-rich region,  
3 which contains a low complexity domain (LCD) in which most ALS-/FTD-associated TDP-43 mutations  
4 occur. However, new findings have revealed that the RNA-binding capacity of TDP-43 can influence  
5 its aggregation propensity. Mutation analyses show that both the RRM1 and RRM2 domains are  
6 required for nucleic acid binding, with high specificity towards UG-rich RNA sequences and long  
7 mRNAs (Buratti et al., 2001; Kuo et al., 2014; Kuo et al., 2009; Lagier-Tourenne et al., 2010;  
8 Polymenidou et al., 2011). The N-terminal domain and RRMs of TDP-43 are themselves intrinsically  
9 aggregation-prone (Vivoli-Vega et al., 2020; Zacco et al., 2018), and regular interactions between  
10 TDP-43 and DNA or RNA influence its native folding state and phase transitions (Huang et al., 2013;  
11 Mann et al., 2019). Therefore, TDP-43 RNA-binding capacity or RNA substrate availability likely  
12 contribute to disease pathology.

13  
14 Mutations in the RRM domains of TDP-43 have been identified in ALS patients exhibiting TDP-43  
15 proteinopathy, suggesting that aberrant RNA processing may be an important mechanism of  
16 pathogenesis. Indeed, such RRM mutations abolish TDP-43-dependent RNA binding and splicing  
17 (Elden et al., 2010; Flores et al., 2019; Zacco et al., 2018), impair binding with other RNA-binding  
18 proteins, such as ataxin-2 (Elden et al., 2010), and prevent physiological TDP-43 dimerisation  
19 (Mompeán et al., 2017). Physiological TDP-43 dimerisation and oligomerisation is likely critical for its  
20 RNA binding functions, and maintains stability of TDP-43, by separating the adjoining disordered C-  
21 terminal LCDs (Afroz et al., 2017). However, the RRMs may also influence TDP-43 stability  
22 independently of other disordered regions, as purified TDP-43 RRMs without bound RNA have been  
23 shown to undergo biophysical condensation and fibril formation, demonstrating an intrinsic propensity  
24 for self-assembly (Flores et al., 2019; Yu et al., 2021; Zacco et al., 2018). Furthermore, mutations or  
25 post-translational modifications within the RRMs that prevent RNA-binding lead to instability and  
26 accelerated accumulation of cytoplasmic, insoluble, and hyper-phosphorylated TDP-43 species  
27 (Flores et al., 2019; Yu et al., 2021; Zacco et al., 2018). These TDP-43 species can sequester wild-  
28 type TDP-43 from the nucleus and resemble the pathological inclusions observed in ALS and FTD  
29 (Chen et al., 2019; Cohen et al., 2015; Flores et al., 2019; Maurel et al., 2018; Zacco et al., 2018).  
30 Notably, expression of RNA-binding-deficient mutant TDP-43<sup>F147L/F149L</sup> fails to rescue motor neuron  
31 defects caused by knock-out of endogenous TDP-43, indicating that TDP-43 RNA binding is critical  
32 for neuronal function and survival (Flores et al., 2019).

33  
34 Impaired RNA-binding capacity of TDP-43 may not only initiate or exacerbate TDP-43 aggregation in  
35 primary TDP-43 proteinopathies, but could also promote pathology formation in other  
36 neurodegenerative diseases such as AD, in which characteristic tau pathology can be accompanied  
37 by intracellular TDP-43 protein aggregation (Gu et al., 2017). TDP-43 normally promotes instability of  
38 tau mRNA to suppress tau protein expression, but cytoplasmic TDP-43 aggregation likely disrupts this  
39 function to promote the accumulation of tau and neurofibrillary tangles in the AD brain (Gu et al.,

1 2017). The notion that RNA-binding deficits drive TDP-43 loss-of-function, instability and aggregation  
2 is further supported by the finding that truncated TDP-43 species lacking RRM domains demonstrate high  
3 aggregation propensity and toxicity, although other truncated species that contain intact RRM domains also  
4 exhibit this trend (Shenoy et al., 2020; Wei et al., 2017). Therefore, TDP-43 RNA-binding capacity  
5 likely plays an important role in the formation of pathology in ALS, FTLD-TDP, LATE, and AD, although  
6 there are also likely to be other contributing mechanisms of pathogenesis.

7  
8 The abundance and stability of target RNA transcripts can also influence TDP-43 localisation, stability,  
9 and self-assembly. A deficiency of RNA substrates through global transcription inhibition accelerates  
10 the nuclear egress of TDP-43 (Ederle et al., 2018), and incubation of purified wild-type TDP-43 RRM  
11 domains induces rapid self-assembly in an RNA-free environment (Tavella et al., 2018; Zacco et al.,  
12 2018). Furthermore, the mislocalisation and aggregation of TDP-43 in *C9ORF72*-linked ALS and FTD  
13 human tissue and disease models occurs in the context of RNA foci formation (Aladesuyi Arogundade  
14 et al., 2019; Cooper-Knock et al., 2015; Donnelly et al., 2013). These RNA foci disrupt the native  
15 transcriptome and sequester RNA-binding proteins (Butti and Patten, 2019; Lee et al., 2013; McEachin  
16 et al., 2020; Simón-Sánchez et al., 2012). Indeed, both sporadic and *C9ORF72*-linked inherited ALS  
17 patient-derived induced pluripotent stem cells (iPSCs) demonstrate a subset of destabilised RNAs  
18 enriched for transcripts containing motifs for TDP-43 binding, further implicating an imbalance of TDP-  
19 43-specific RNA substrates as a key pathomechanism (Donnelly et al., 2013; Tank et al., 2018). This  
20 suggests that native TDP-43 substrate RNAs may retain TDP-43 in the nucleus, prevent its aberrant  
21 mislocalisation, and stabilise its native folding. In contrast, a deficiency of RNA substrates may create  
22 a protein-saturated environment that directly promotes cytoplasmic TDP-43 misfolding and aberrant  
23 self-assembly (Maharana et al., 2018; Mann et al., 2019). Unstable RNA-deficient TDP-43 species  
24 are usually rapidly degraded by the proteasome; however, if not efficiently cleared, they may  
25 irreversibly aggregate in neurons (Flores et al., 2019; Yu et al., 2021; Zacco et al., 2018). As RNA  
26 substrates likely play a major role in disease, novel therapies targeting abnormalities in RNA stability  
27 or abundance may be effective against neurodegeneration.

28  
29 Accordingly, increasing the availability of RNA improves TDP-43 solubility. For example, the addition  
30 of RNA substrates prevents TDP-43 self-assembly in cell-free aggregation kinetics assays (Zacco et  
31 al., 2019), and decreases cytoplasmic TDP-43 inclusion formation, while increasing neuron viability in  
32 human ReNcell neurons (Mann et al., 2019). Therefore, disease mechanisms that decrease the RNA-  
33 binding efficiency of TDP-43, through RNA-binding mutations, post-translational modifications, or RNA  
34 substrate deficiency, instability or foci formation, may provide a link by which multiple forms of sporadic  
35 or inherited ALS and FTD converge on TDP-43 proteinopathy. Future research using *in vivo* models  
36 of ALS should determine how treatment with bait oligonucleotides may alter TDP-43 aggregation,  
37 neurodegeneration and disease trajectory to establish its therapeutic potential. Although changes in  
38 TDP-43 RNA-binding capacity and substrate availability may broadly influence pathology  
39 development, other interactions between TDP-43 and RNA are likely required for functional

1 homodimerisation, both physiological and pathological self-assembly, co-aggregation with other RNA-  
2 binding proteins, and TDP-43 toxicity.

3

## 4 **2.2 Physiological self-assembly of TDP-43 in liquid-liquid phase separation and** 5 **stress granule formation promotes pathological nucleation**

6 In the context of cell biology, LLPS involves the reversible self-assembly of proteins into biomolecular  
7 condensates by a process of 'de-mixing', when components within the nucleus or cytoplasm  
8 spontaneously separate into two phases of different densities, to form distinct structures with liquid-like  
9 properties (Boeynaems et al., 2018). TDP-43 undergoes LLPS, like many other proteins, to form  
10 'membraneless organelles', which compartmentalise cellular functions and components. In particular,  
11 TDP-43 LLPS likely facilitates the spatiotemporal organisation of RNA processing (Conicella et al.,  
12 2020; Li et al., 2018b), and can occur in the nucleus under physiological conditions or be induced in  
13 the cytoplasm as a response to cellular stress (Gasset-Rosa et al., 2019; Mann et al., 2019; McGurk  
14 et al., 2018; Yu et al., 2021). As an essential RNA-binding protein, this homodimeric condensation of  
15 TDP-43 is thought to be important for neuronal functioning and controls the stability and translation of  
16 mRNA (Gao et al., 2021), including through the assembly of SGs in mouse and human neuronal  
17 models (Alami et al., 2014; Gasset-Rosa et al., 2019). Cytoplasmic SGs are 'membraneless  
18 organelles' comprising ribonucleoprotein complexes that develop under conditions of cellular stress  
19 to sequester mRNAs from disassembled polyribosomes, limiting non-essential translation (Lindquist,  
20 1981; Nover et al., 1989). Importantly, the LLPS-mediated regulation of TDP-43-associated transcripts  
21 also includes autoregulation of TDP-43 mRNA (Hallegger et al., 2021). However, TDP-43 is able to  
22 undergo physiological LLPS independently of RNA and SG formation, suggesting that other factors  
23 also modulate TDP-43 self-assembly. Therefore, two distinct pathways for physiological LLPS of TDP-  
24 43 exist: SG-dependent and SG-independent. Although LLPS is a reversible process, TDP-43 liquid  
25 droplets can transition into a solid state, promoting spontaneous aggregation, suggesting that LLPS  
26 could play a role in TDP-43 pathology formation and neurodegeneration (Gasset-Rosa et al., 2019;  
27 Mann et al., 2019; McGurk et al., 2018; Otte et al., 2020; Pakravan et al., 2021; Ratti et al., 2020; Yu  
28 et al., 2021; Zhang et al., 2019a). Indeed, abnormalities in either the SG-dependent or SG-  
29 independent LLPS pathways may impair remodelling of RNA networks in disease (Hallegger et al.,  
30 2021) and have been related to TDP-43 inclusion formation (Asakawa et al., 2020; Chew et al., 2019).

31

### 32 **SG-dependent LLPS**

33 The SG-dependent LLPS pathway involves the formation of SGs under acute stress conditions, which  
34 depends on both the RRM1 and CTD of TDP-43 (Asakawa et al., 2020; Bentmann et al., 2012; Liu-  
35 Yesucevitz et al., 2010; McGurk et al., 2018; Parker et al., 2012b; Zhang et al., 2019a). The extent of  
36 TDP-43 involvement in SGs appears to vary according to the cellular stressor and cellular model. In  
37 some immortalised cell lines (such as simian COS-7 cells), ALS patient fibroblasts, and iPSC-derived  
38 motor neurons, acute exposure to arsenite-induced oxidative stress causes rapid formation of TDP-  
39 43 foci comprising the classical SG markers, G3BP1 and TIA-1 (McGurk et al., 2018). Purified protein



1 assays *in vitro* have demonstrated that RNA saturation dissolves TDP-43 droplets, whereas small  
2 amounts of RNA promote TDP-43 LLPS (Ederle et al., 2018). Therefore, differences in SG-dependent  
3 TDP-43 LLPS dynamics between the nucleus and cytoplasm could be explained by differing RNA  
4 concentrations of these compartments in cellular models (Gasset-Rosa et al., 2019). The RNA-  
5 concentrated environment of the nucleus may therefore suppress this form of TDP-43-condensation  
6 (Ederle et al., 2018), while discrete cytoplasmic clusters of highly structured RNAs, such as those  
7 which form SGs, may act as scaffolds that bind TDP-43 and other ribonucleoproteins to promote SG-  
8 dependent LLPS to a greater extent (Gasset-Rosa et al., 2019; Maharana et al., 2018).

9  
10 Chronic SG assembly has been reported to promote the formation of pathological inclusions (Asakawa  
11 et al., 2020; McGurk et al., 2018; Parker et al., 2012a; Ratti et al., 2020; Zhang et al., 2019a). For  
12 example, prolonged exposure to arsenite causes SG-related TDP-43 liquid droplets to transition to a  
13 'solid' state, becoming G3BP1-negative and phospho-TDP-43-positive (McGurk et al., 2018; Ratti et  
14 al., 2020). Recently, non-pharmacological methods for mimicking chronic endogenous SG formation,  
15 by light-inducible LLPS-like multimerisation of opto-G3BP1, demonstrated recruitment of  
16 phosphorylated TDP-43, p62, and ubiquitin to 'opto-granules' in iPSC-derived cortical neurons (Zhang  
17 et al., 2019a). Whether TDP-43 within chronic SGs is RNA-bound remains inconclusive; however,  
18 these structures recapitulate hallmarks of ALS and FTLTDP proteinopathy and decrease neuronal  
19 viability (Zhang et al., 2019a). ALS-associated mutations in the TDP-43 RRM1 disrupt LLPS (Wang  
20 et al., 2020), but the effect on RNA binding is unclear (Dang and Song, 2020). Such RRM1 mutations  
21 promote aberrant SG assembly and dynamics (Wang et al., 2020), as do disease-linked mutations in  
22 the TDP-43 LCD (Gordon et al., 2019), or mutations in the RNA-binding protein TIA-1 (Mackenzie et  
23 al., 2017). In each case, these mutations cause excessive cytoplasmic translocation of TDP-43 to  
24 form SGs, which become phosphorylated TDP-43 inclusions upon prolonged stress (Gordon et al.,  
25 2019; Mackenzie et al., 2017; Wang et al., 2020; Watanabe et al., 2020). Together these findings  
26 demonstrate that chronic assembly or impaired dynamics of SGs provide one LLPS pathway by which  
27 TDP-43 aggregation may be nucleated. However, canonical SG assembly is not necessary for TDP-  
28 43 inclusion formation after cell stress. In zebrafish spinal cord neurons, direct stimulation of TDP-43  
29 oligomerisation leads to the formation of cytoplasmic granules, and subsequent irreversible inclusions,  
30 that were not always immunoreactive for SG markers such as G3BP1 or TIA-1 (Asakawa et al., 2020).  
31 Likewise, cytoplasmic inclusions of acetylated TDP-43 exhibit little or no colocalisation with SG  
32 markers in cell models and human ALS spinal cord, although SGs may indirectly affect the clearance  
33 of such inclusions (Chen and Cohen, 2019). This suggests that TDP-43 phase-separated liquid  
34 droplets are heterogenous protein assemblies, and that alternative pathways in addition to chronic SG  
35 assembly are involved in both physiological and aberrant LLPS leading to pathological TDP-43  
36 aggregation.

37  
38 **SG-independent LLPS**

1 TDP-43 may also undergo an alternative pathway of self-assembly via SG-independent LLPS,  
2 involving the formation of RNA-deficient complexes that relies on the intrinsically disordered C-  
3 terminal LCD of TDP-43, rather than functional interactions of the RRM (Conicella et al., 2016;  
4 Schmidt et al., 2019). Arsenite-mediated stress in cells over-expressing TDP-43<sup>ANLS</sup>-GFP (a mutant  
5 with a defective NLS) induced two subsets of TDP-43 foci: i) small, dynamic, RNA-containing G3BP1-  
6 positive SGs, and ii) large, static, G3BP1- and RNA-negative foci, in human HEK293 (Mann et al.,  
7 2019) and U2OS cells (Gasset-Rosa et al., 2019), coinciding with a loss of nuclear TDP-43. The RNA-  
8 negative foci contained phosphorylated TDP-43 (Gasset-Rosa et al., 2019) and p62 (Mann et al.,  
9 2019), reminiscent of pathology-associated TDP-43 inclusions. Recently, optogenetic methods  
10 allowing light-inducible multimerisation of wild-type TDP-43 have been developed to study SG-  
11 independent LLPS, wherein a C-terminal Cry2olig tag leads to self-assembly of droplet-like  
12 cytoplasmic 'opto-TDP-43' condensates that do not recruit SG components (Mann et al., 2019; Otte  
13 et al., 2020; Zhang et al., 2019a). Notably, such chronic light-induced cytoplasmic TDP-43  
14 multimerisation generated irreversible detergent-insoluble RNA-deficient TDP-43 inclusions. Opto-  
15 TDP-43 inclusions were also hyperphosphorylated, immunopositive for p62, and accelerated the  
16 death of HEK293 cells (Mann et al., 2019), and caused progressive motor dysfunction in *Drosophila*  
17 (Otte et al., 2020). Although SG-independent LLPS does not require RNA binding for droplet  
18 formation, the concentration of RNA in the environment may alter the dynamics of TDP-43 LLPS via  
19 the LCD and also alter the toxicity of such aberrant phase transitions. It has been shown that addition  
20 of low amounts of RNA to purified TDP-43 LCD results in more numerous, but smaller, TDP-43 liquid  
21 droplets which was associated with a greater rate of nucleation and aggregation; however, high RNA  
22 concentrations reversed this trend (Pakravan et al., 2021). Another study found that treatment with  
23 RNA bait oligonucleotides prevented aberrant LLPS of G3BP1-negative TDP-43 droplets and  
24 abrogated downstream toxicity and inclusion formation (Mann et al., 2019). The antagonising effects  
25 of RNA in this case further differentiate the two separate LLPS pathways for TDP-43 liquid droplet  
26 formation. Therefore, abnormalities in SG-independent LLPS may induce TDP-43 aggregation and  
27 neurotoxicity, however further studies are required to understand the physiological significance of this  
28 process and how it occurs in native systems.

29  
30 A crucial determinant of SG-independent LLPS appears to be the structure of the TDP-43 C-terminal  
31 LCD. The majority of the *TARDBP* mutations that cause inherited ALS lie within the LCD (Buratti,  
32 2015), and likely impair dynamic LLPS and droplet formation or disassembly (Guenther et al., 2018).  
33 In cell-free assays, spontaneous LLPS of purified TDP-43 LCD was prevented by disease-associated  
34 A321G or Q331K mutations, while the M337V mutation led to a 50% decrease in LLPS (Conicella et  
35 al., 2016). However, the A321V mutation, which was proposed to increase hydrophobicity, increased  
36 TDP-43 LCD LLPS and impaired disassembly (Conicella et al., 2016). Contrasting results were  
37 observed under light-inducible phase separation of the opto-LCD TDP-43 fragment in HEK293 cells,  
38 whereby the A321T, Q331K, or M337V mutations increased the number, size, and stability of  
39 persistent, irreversible opto-LCD droplets compared to the wild-type opto-LCD TDP-43, and

1 exacerbated their maturation into TDP-43 inclusions (Mann et al., 2019). This disparity may be  
2 because the LCD mutations that ordinarily alter the binding between TDP-43 molecules do not impede  
3 the 'artificial' self-association mediated via the Cry2olig interface (Conicella et al., 2016). However,  
4 these light-inducible methods demonstrate that the LCD mutations can also affect the stability and  
5 aggregation propensity of phase-separated TDP-43 droplets once they have formed.

6  
7 For wild-type TDP-43, SG-independent LLPS promotes aberrant TDP-43 amyloid fibril formation and  
8 self-assembly via the LCD, which can facilitate spontaneous aggregation of TDP-43 from within  
9 mature liquid droplets (Babinchak et al., 2019; Pakravan et al., 2021). However, like the SG-dependent  
10 pathway, wild-type TDP-43 can also be forced into pathological SG-independent LLPS by chronic  
11 stimulation and sequester endogenous nuclear TDP-43 (Asakawa et al., 2020; Mann et al., 2019).  
12 Together, these aberrant phase transitions could alter contacts with functional granules and impair  
13 TDP-43 turnover, thereby driving dysregulation of RNA processes and irreversible protein aggregation  
14 (Conicella et al., 2016; Li et al., 2018a; Mann et al., 2019).

15  
16 Recent work has identified a novel mechanism of TDP-43 LLPS in the nucleus, involving TDP-43 de-  
17 mixing into anisotropic structures with spherical shells and liquid cores, termed 'anisosomes' (Yu et  
18 al., 2021). TDP-43 anisosomes form due to RNA-binding deficiency most remarkably caused by  
19 acetylation-mimicking mutations, and require the recruitment of chaperones, such as the heat-shock  
20 protein (HSP), HSP70, which form an internal phase-separated liquid core, to retain solubility (Gu et  
21 al., 2021; Yu et al., 2021). However, a decrease in ATP levels or chaperone ATPase activity, along  
22 with disease-causing mutations and post-translational modifications, may convert anisosomes into  
23 intranuclear protein aggregates, resembling pathology found in patient brain tissues (Yu et al., 2021).  
24 It remains to be seen whether the process of LLPS for generating TDP-43 anisosomes is connected  
25 to the other mechanisms for physiological self-assembly of TDP-43 discussed here, and how  
26 anisosomes are related to other nuclear forms of TDP-43 or the various pathological species, although  
27 similar mechanisms of chaperone-mediated TDP-43 LLPS have also been demonstrated in the  
28 cytoplasm (Lu et al., 2021).

29  
30 The potential for phase-separated protein droplets to serve as intermediates towards irreversible  
31 aggregation has been similarly proposed in other neurodegenerative diseases, for example the  
32 formation of tau neurofibrillary tangles in AD (Wegmann et al., 2018). Soluble phosphorylated or  
33 aggregation-prone mutant recombinant tau protein, as well as high molecular weight phospho-tau  
34 isolated from human AD patient brains, can undergo aberrant LLPS that is capable of spontaneously  
35 seeding intracellular tau aggregation (Wegmann et al., 2018). Thus, the mechanisms of TDP-43 and  
36 tau aggregation could be related, supported by findings of FTLTDP cases exhibiting concurrent tau  
37 pathology (Koga et al., 2021); however, it is unclear whether these proteins interact, wherein a  
38 conserved LLPS mechanism is involved, or if they resemble two independent disease processes.  
39 Further research is warranted to better understand the triggers and mechanisms of TDP-43 LLPS in

1 human disease or physiologically relevant *in vivo* animal models, to reveal strategies for potentially  
2 manipulating the aberrant biophysical condensation of TDP-43.

3

### 4 **2.3 TDP-43 mislocalisation is essential for loss-of-function and toxicity, and** 5 **potentiates further pathological modifications**

6 In the absence of disease, TDP-43 is predominantly located in the nucleus, but shuttles between the  
7 nucleus and cytoplasm to complete its RNA-related functions (Ayala et al., 2008; Freibaum et al.,  
8 2010; Ling et al., 2013). Under physiological conditions, TDP-43 is imported into the nucleus by  
9 binding of the NLS to one of multiple importins in the cytoplasm and then translocated by karyopherin-  
10  $\beta$ 1 through the nuclear pore complex, which comprises ~30 different nucleoporin proteins (Nups) (Kim  
11 and Taylor, 2017; Nishimura et al., 2010). In contrast, the nuclear export of TDP-43 is primarily  
12 passive, despite the presence of a likely redundant nuclear export sequence (Archbold et al., 2018;  
13 Ederle et al., 2018; Pinarbasi et al., 2018). In most TDP-43 proteinopathies, TDP-43 accumulates in  
14 the cytoplasm of neurons and is depleted from the nucleus, a process which strongly correlates with  
15 neurodegeneration (Brettschneider et al., 2014; Brettschneider et al., 2013; Cathcart et al., 2021;  
16 Ditsworth et al., 2017; Lee et al., 2017; Nelson et al., 2019; Tomé et al., 2020).

17

18 Defective nuclear pore trafficking of TDP-43 has been implicated as a key process in driving TDP-43  
19 mislocalisation. The most common genetic cause of ALS/FTD, *C9ORF72* hexanucleotide repeat  
20 expansions, involves a toxic gain-of-function mechanism whereby dipeptide repeats (DPRs) interact  
21 with and cause mislocalisation of key regulators of nucleocytoplasmic transport, thereby inducing  
22 TDP-43 mislocalisation and aggregation (Hayes et al., 2020; Zhang et al., 2015). For example, the  
23 Ran GTPase activator, RanGAP1, and the transport cargo-binding importin, karyopherin- $\beta$ 1,  
24 demonstrate decreased expression, mislocalisation, or co-precipitation with DPRs in *C9ORF72*  
25 patient iPSC-derived neurons and brain tissue (Coyne et al., 2020), *Drosophila* (Zhang et al., 2015),  
26 mouse neurons, and HeLa cells (Hayes et al., 2020). Several important Nups, together with  
27 karyopherin- $\beta$ 1, karyopherin- $\alpha$ 2, and CAS, which recycles karyopherins to the cytoplasm, also show  
28 irregular abundance or mislocalisation in post-mortem sporadic ALS spinal motor neurons with TDP-  
29 43 pathology (Aizawa et al., 2019), and FTLD-TDP patient cortex lysates (Nishimura et al., 2010).  
30 Knock-down of these factors by small interfering RNA (siRNA) in mouse Neuro-2a cells or primary  
31 cortical neurons induces the cytoplasmic accumulation and aggregation of TDP-43, which supports  
32 the upstream role of nucleocytoplasmic transport deficits in initiating TDP-43 mislocalisation  
33 (Nishimura et al., 2010). The activity of another TDP-43-associated importin, karyopherin- $\alpha$ 3, is  
34 regulated by cytosolic calcium through interactions with calpain-A, a pathway that may also be  
35 compromised in disease (Park et al., 2020). In ALS and FTD, these disruptions likely interfere with  
36 nuclear pore complex function, cargo loading, and nuclear import, culminating in the cytoplasmic  
37 accumulation of TDP-43 (Aizawa et al., 2019; Coyne et al., 2020; Hayes et al., 2020; Nishimura et al.,  
38 2010; Zhang et al., 2015).

39



1 TDP-43 mislocalisation and cytoplasmic accumulation can be exacerbated when nuclear pore  
2 complex function is in turn disrupted by pathological TDP-43. The aggregation of disease-linked  
3 mutant TDP-43<sup>Q331K</sup> or truncated TDP-43<sup>CTF(208-414)</sup> (Chou et al., 2018), the condensation of  
4 cytoplasmic TDP-43 droplets by CTD-mediated LLPS (Gasset-Rosa et al., 2019), and the assembly  
5 of TDP-43-containing SGs (Zhang et al., 2018), result in the mislocalisation and/or recruitment of  
6 importins, multiple Nups, Ran, and RanGAP1. Furthermore, post-mortem studies of the motor cortex  
7 of sporadic and mutant *TARDBP* ALS cases have shown Nup205 colocalisation with phosphorylated  
8 TDP-43 inclusions (Chou et al., 2018). Therefore, pathological TDP-43 species may inhibit nuclear  
9 pore complex function to further promote the nuclear depletion and cytoplasmic accumulation of TDP-  
10 43 itself, together with other proteins and RNAs (Aizawa et al., 2019; Chou et al., 2018; Gasset-Rosa  
11 et al., 2019; Zhang et al., 2018).

12  
13 Extrinsic and intrinsic cellular stressors can also promote TDP-43 mislocalisation. Endoplasmic  
14 reticulum stress and chronic excitotoxicity induce cytoplasmic accumulation of both wild-type and  
15 disease-associated mutant TDP-43, promoting phosphorylation and aggregation in human  
16 neuroblastoma cells, mouse Neuro-2a cells, and neuronal organotypic culture models (Ayala et al.,  
17 2011a; Walker et al., 2013). Furthermore, acute oxidative stress and proteome stress, due to aberrant  
18 expression of autophagy components or proteasomal inhibition, can stimulate TDP-43 mislocalisation  
19 in cellular models (Ayala et al., 2011a; Foster et al., 2021; Zuo et al., 2021). TDP-43 may also  
20 accumulate in the cytoplasm due to ALS- and FTD-associated *TARDBP* mutations that alter protein  
21 stability. For example, mutant TDP-43<sup>M337V</sup> ALS patient iPSC-derived motor neurons demonstrate  
22 higher levels of both detergent-soluble and -insoluble TDP-43 compared to controls, and an increase  
23 in the abundance of small cytoplasmic TDP-43 puncta (Bilican et al., 2012), which was also observed  
24 in neurons expressing mutant TDP-43<sup>A315T</sup> (Barmada et al., 2010). This may be due to the increased  
25 stability of ALS-associated mutant TDP-43 proteins compared to wild-type TDP-43 (Austin et al.,  
26 2014), further demonstrated by a longer half-life of mutant TDP-43<sup>M337V</sup>, TDP-43<sup>G298S</sup>, and TDP-43<sup>Q331K</sup>  
27 measured in isogenic cell lines (Ling et al., 2010). However, these studies did not determine the  
28 mechanism by which mutant TDP-43 clearance is impaired (Ling et al., 2010). Together, these findings  
29 indicate multiple routes to increased levels of cytoplasmic TDP-43 in disease.

30  
31 The relative contributions of TDP-43 nuclear depletion and cytoplasmic accumulation to the toxic  
32 consequences of TDP-43 mislocalisation have previously been difficult to clarify due to their  
33 concomitant occurrence in ALS, FTD, and other TDP-43 proteinopathies. However, recent research  
34 has worked to separate these roles in neuronal model systems and through neuropathological  
35 analysis of unique TDP-43 mislocalisation patterns in patient tissues.

36  
37 **TDP-43 nuclear depletion largely mediates ALS- and FTD-related loss-of-function**  
38 Nuclear depletion of TDP-43 likely precedes cytoplasmic accumulation, leading to a critical loss of  
39 function that contributes to neurodegeneration independently to gain of toxicity. This is supported by

1 the identification of specific susceptible neuronal populations in sporadic ALS patient tissue that  
2 demonstrate complete loss of nuclear TDP-43 even in the absence of cytoplasmic TDP-43 inclusions,  
3 including layer Vb Betz cells of the primary motor cortex, and large pyramidal cells and von Economo  
4 neurons in deep layers IIIc-Vb of the anterior cingulate cortex (Braak and Del Tredici, 2018; Braak et  
5 al., 2017; Nana et al., 2019). The nuclear depletion of TDP-43 may inhibit interactions with its  
6 physiological binding partners, leading to loss of function and neurodegeneration as seen in mouse  
7 models (Igaz et al., 2011). Normally, nuclear TDP-43 binds and regulates mRNA stability, degradation,  
8 cryptic exon splicing, alternate splicing, and alternate polyadenylation (Ling et al., 2015; Melamed et  
9 al., 2019; Tollervey et al., 2011). Transcriptomics of diseased neuronal nuclei have demonstrated that  
10 loss of nuclear TDP-43 greatly alters the neuronal transcriptome in post-mortem ALS and FTD human  
11 brains, patient-derived iPSC neurons, and ALS mouse models (Liu et al., 2019). In particular, loss of  
12 nuclear TDP-43 correlates with widespread increases in alternative splicing events, cryptic exon  
13 retention, and alternate polyadenylated sequences (Amlie-Wolf et al., 2015; Polymenidou et al., 2011;  
14 Wu et al., 2019). This loss of TDP-43 RNA processing function related to pathology development is  
15 also associated with dysregulation of nucleocytoplasmic transport, histone processing, mitochondrial  
16 function, axonal and neuromuscular junction maintenance, neuronal plasticity, DNA damage repair,  
17 and many other neuronal functions (Liu et al., 2019). Faulty mRNA splicing and retention of cryptic  
18 exons leads to aberrant truncation of transcripts that encode proteins involved in these essential  
19 processes, correlating with reduced neuronal viability (Koza et al., 2019). Wild-type TDP-43 also  
20 functions in genomic DNA repair, particularly of double-stranded breaks, and its mislocalisation and  
21 loss-of-function in disease results in the accumulation of DNA damage (Wood et al., 2020), which is  
22 observed post-mortem in ALS cases and correlates with cell death (Guerrero et al., 2019; Kim et al.,  
23 2020a; Mitra et al., 2019). Indeed, interactome analyses have shown that TDP-43 associates with  
24 numerous components of both replication-dependent and -independent pathways of DNA repair, with  
25 knock-down of TDP-43 resulting in increased instability of chromosomal DNA (Kawaguchi et al.,  
26 2020). These findings indicate that loss of TDP-43 function can mediate neurodegeneration, and are  
27 supported by partial or conditional TDP-43 knock-down models that demonstrate progressive motor  
28 phenotypes, development of TDP-43 proteinopathy, and motor neuron defects (Yang et al., 2014).

29  
30 **Cytoplasmic accumulation of TDP-43 elicits toxic gain-of-function, sensitises cells to stress,**  
31 **disrupts physiological pathways and impairs neuronal function**

32 Accumulation of cytoplasmic TDP-43, through over-expression of exogenous wild-type TDP-43,  
33 recapitulates ALS-like motor phenotypes and neurodegeneration in mice, suggesting that gain-of-  
34 toxic-function mechanisms are involved in disease pathogenesis (Walker et al., 2015). While  
35 exogenous expression of cytoplasmic TDP-43 decreases endogenous nuclear TDP-43 via  
36 autoregulation and sequestration (Ayala et al., 2011b; Igaz et al., 2011), the presence of TDP-43 in  
37 the cytoplasm also presents opportunities for pathological interactions with other cytoplasmic proteins,  
38 organelles, and signalling pathways. For example, accumulation of cytoplasmic TDP-43 may sensitise  
39 cells to stress. Pharmacological induction of acute oxidative stress after TDP-43 mislocalisation

1 triggers toxic PARP cleavage, and results in abnormal recruitment of cytoplasmic TDP-43 to  
2 polyribosomes to alter protein translation in various models, including stressed human neuroblastoma  
3 cells and FTD brain lysates (Charif et al., 2020; Lee et al., 2021; Russo et al., 2017). TDP-43  
4 mislocalisation may also cause mitochondrial impairment and damage, through sequestration or  
5 aberrant interactions with mitochondrial proteins and mRNAs, leading to a global mitochondrial  
6 imbalance that augments oxidative stress (Wang et al., 2016; Zuo et al., 2021), and triggers the  
7 release of mitochondrial DNA to initiate a strong inflammatory response (Yu et al., 2020). Inhibiting  
8 the mitochondrial localisation of wild-type and mutant TDP-43 has been shown to negate TDP-43-  
9 induced mitochondrial dysfunction and neuronal loss, thereby improving the motor phenotype in a  
10 transgenic mutant TDP-43 mouse model (Wang et al., 2016). Furthermore, the expression of  
11 cytoplasmically-directed TDP-43<sup>ΔNLS</sup>, but not wild-type TDP-43, causes intrinsic hyperexcitability and  
12 aberrant synaptic function in layer V excitatory neurons of the motor cortex (Dyer et al., 2021),  
13 stimulates reactive gliosis and the development of neurological abnormalities, and activates caspase-  
14 3 to drive cell death pathways (Sasaguri et al., 2016). Overall, increased cytoplasmic TDP-43 and/or  
15 nuclear depletion of TDP-43 can impair neuronal physiology and induce dysfunction of cellular  
16 pathways which promote neuronal toxicity and degeneration, independently of robust inclusion  
17 formation (Barmada et al., 2010; Igaz et al., 2011). Importantly, cytoplasmic mislocalisation of TDP-  
18 43 may also result in aberrant interactions that increase the tendency for TDP-43 to become misfolded  
19 and aggregate (Igaz et al., 2011), thus promoting further development of pathological TDP-43 species  
20 which could mediate other deleterious downstream effects.

21

## 22 **2.4 Misfolding, self-association and aggregation of cytoplasmic TDP-43 generates** 23 **pathological species that cause variable cellular dysfunction and toxicity**

24 Although native RNA-binding and protein-protein interactions regulate the conformational integrity,  
25 stability, solubility, and self-assembly of TDP-43 under physiological conditions and have the potential  
26 to influence pathological transitions of TDP-43 (Afroz et al., 2017; Yu et al., 2021), multiple other  
27 factors promote the development of additional pathological TDP-43 species, namely misfolded TDP-  
28 43, oligomers, and inclusions.

29

### 30 **Misfolded TDP-43**

31 TDP-43 misfolding involves a loss of native tertiary protein structure and transition to abnormal  
32 conformation, which may occur spontaneously in cells over time and likely promotes aberrant protein  
33 dynamics and functional interactions. Levels of aggregation-prone proteins, such as TDP-43, are more  
34 likely to be 'super-saturated' within cells, which likely predisposes these proteins to misfolding and  
35 aggregation (Ciryam et al., 2017). The accumulation of misfolded proteins in the CNS is commonly  
36 associated with ageing-related failure of protective folding mechanisms (Santra et al., 2019), but DNA  
37 damage, cellular senescence, oxidative stress, and proteostasis impairment may also contribute  
38 (Spires-Jones et al., 2017). Misfolding of TDP-43 could then lead to a loss of normal TDP-43 function

1 by masking residues necessary for physiological function or by exposing residues that mediate  
2 aberrant DNA-, RNA-, and protein-protein interactions.

3  
4 Misfolded protein intermediates progress quickly into aggregated states in cell and animal models,  
5 making studies of the toxic properties of each respective intermediate in isolation extremely  
6 challenging (Johnson et al., 2008). Broadly, the accumulation of neurodegenerative disease-  
7 associated misfolded proteins is associated with pathogenic processes including excitotoxicity,  
8 neuroinflammation, defective proteostasis, oligodendrocyte dysfunction, mitochondrial impairment,  
9 triggering of aberrant signal transduction pathways, and disruption of RNA homeostasis (Soto and  
10 Pritzkow, 2018). For example, misfolded mutant TDP-43 protein exhibits a reduced ability to transport  
11 RNA appropriately (Alami et al., 2014), and may bind mitochondria to cause damage, dysfunction,  
12 and abnormal mitochondrial accumulation, leading to progressive degeneration in neurons (Wang et  
13 al., 2013a; Xu et al., 2010). Misfolded TDP-43 could also elicit intra- and inter-cellular propagation of  
14 TDP-43 pathology. This is based on the characterisation of the TDP-43 LCD as a 'prion-like' domain  
15 (King et al., 2012), yet has been hotly debated in recent years (Jo et al., 2020; McAlary et al., 2019).  
16 Thus, misfolded TDP-43 proteins may act as templates for aggregation, as this prion-like domain may  
17 induce the misfolding and self-association of native TDP-43 monomers, and be propagated as seeds  
18 to nearby cells (Jo et al., 2020). Indeed, intracellular seeding of human sporadic ALS or FTLTDP-  
19 patient brain samples has been shown to induce pathological conformations and aggregation of wild-  
20 type TDP-43, culminating in the formation of pathologically relevant inclusions in cellular and mouse  
21 models (Laferriere et al., 2019; Nonaka et al., 2013; Porta et al., 2018). It has been shown that  
22 misfolded TDP-43 is capable of cell-to-cell transmission in cell line cultures (Cashman et al., 2020),  
23 and between neurons via axon terminals to facilitate template-directed misfolding (Feiler et al., 2015).  
24 However, it is yet to be established whether the transmissibility produced in these experimental  
25 settings replicates genuine human TDP-43 pathology. In future research, we may be able to better  
26 understand TDP-43 misfolding by investigating these species across time using live-cell imaging, or  
27 by identifying proteins, genetic manipulations, or drugs that directly modify the folding state of TDP-  
28 43.

### 29 30 **TDP-43 oligomers**

31 Pathological TDP-43 oligomers resemble an intermediate aggregation state between monomeric  
32 species and inclusions, in which multiple misfolded or natively-folded proteins associate in a complex  
33 that may provide a 'scaffold' for further aggregation. It is important to note that TDP-43 can undergo  
34 a form of physiological oligomerisation, adopting dynamic, 'solenoid-like' structures linked head-to-  
35 tail, that may facilitate its RNA-binding functions and antagonise pathological aggregation by spatially  
36 separating the C-terminal LCDs (Afroz et al., 2017). However, aberrant disordered TDP-43 oligomers  
37 have been shown to persist in ALS, FTD and AD brain tissue, and induce toxicity when applied in  
38 various mouse and neuronal models (Fang et al., 2014; Laferriere et al., 2019; Montalbano et al.,  
39 2020; Smethurst et al., 2020). For example, as with toxic amyloid oligomers, treatment of human



1 neuroblastoma and primary mouse cortical neurons with purified oligomeric TDP-43 protein causes  
2 neurite degeneration and reduced cell viability (Fang et al., 2014). This effect was replicated *in vivo*,  
3 whereby injection of TDP-43 into the mouse hippocampus led to substantial neuronal loss in the CA1  
4 layer (Fang et al., 2014). Furthermore, seeding of human iPSC-derived motor neurons with TDP-43  
5 oligomers purified from sporadic ALS spinal cord extracts caused cell-type-specific toxicity (Smethurst  
6 et al., 2020). Changes in the biophysical and biochemical properties of TDP-43 due to oligomerisation  
7 may also interfere with its normal RNA-/DNA-binding capacity, either through a decrease in binding  
8 affinity or masking of binding regions, causing loss of function (Fang et al., 2014).

9  
10 Like misfolded TDP-43, oligomeric TDP-43 derived from ALS brain lysates can recruit native  
11 endogenous TDP-43 and has the potential for seeding and intercellular transmission via exosomes,  
12 thereby accelerating the development of proteinopathy if not effectively targeted by protein-clearing  
13 mechanisms (Feiler et al., 2015). Interestingly, TDP-43 oligomers have been found to specifically  
14 interact with amyloid- $\beta$  in AD patient brains, and the injection of TDP-43 oligomers into the brains of  
15 APP/PS1 $\Delta$ E9 mice increased inflammation and exacerbated amyloid- $\beta$  pathology, neuronal death,  
16 and cognitive phenotypes (Shih et al., 2020). In addition, TDP-43 oligomers may also promote cross-  
17 seeding to trigger tau aggregation *in vitro* (Montalbano et al., 2020). Thus, TDP-43 oligomers may be  
18 an important intermediate between mislocalised or misfolded species and terminal TDP-43 inclusion  
19 formation, inducing both loss of wild-type function and gain of toxic function through aberrant protein-  
20 protein interactions. However, the involvement of physiological dimerisation and oligomerisation in  
21 normal functions of TDP-43, particularly within the nucleus, suggests that therapies selectively  
22 targeting oligomeric species will likely not be specific for pathology.

23

#### 24 **Cytoplasmic TDP-43 inclusions**

25 TDP-43 inclusions are high-order aggregates that can comprise multiple TDP-43 species associating  
26 within large, static insoluble structures. TDP-43 inclusions are a prominent feature of degenerating  
27 neurons in the affected regions of the nervous system in TDP-43 proteinopathies, suggesting that they  
28 may represent the end-stage of the aggregation process. Indeed, TDP-43 inclusions may exert toxic  
29 properties, as transfection of pre-formed human TDP-43 inclusions has been shown to induce reactive  
30 oxygen species production and apoptotic caspase-3 activation in murine neuroblastoma cells,  
31 implicating abnormal calcium homeostasis and mitochondria, without affecting endogenous nuclear  
32 TDP-43 (Cascella et al., 2019). Furthermore, injection of human FTLTDP-derived insoluble TDP-  
33 43 extracts induces phosphorylated TDP-43 pathology that spreads throughout the CNS in mice  
34 (Porta et al., 2021; Porta et al., 2018). Likewise, cells transfected with wild-type TDP-43 and then  
35 treated with insoluble fractions from ALS or FTLTDP brains show an increased rate of cell death  
36 toxicity (Nonaka et al., 2013). These results suggest that the increased death of cells affected by TDP-  
37 43 pathology correlates with the extent of TDP-43 inclusion deposition. However it must be noted that  
38 insoluble TDP-43 fractions could contain a mix of pathological species that contribute to the observed  
39 toxicity (Nonaka et al., 2013). Therefore, the overall aggregate burden may correspond with the

1 burden of other pathological forms of TDP-43 that have not been accounted for, which likely also  
2 contribute to neurodegeneration.

3  
4 Some findings have indicated that TDP-43 toxicity may be more dependent on cytoplasmic  
5 mislocalisation than inclusion formation *per se* (Barmada et al., 2010). This is supported by the fact  
6 that some surviving neurons in human ALS and FTD tissue and animal models harbour insoluble TDP-  
7 43 inclusions and that the overall rate of neuron loss exceeds that of inclusion deposition (Walker et  
8 al., 2015), indicating that large inclusions may actually be protective, or simply represent inert terminal  
9 storage of misfolded proteins. Indeed, the role of protein inclusions in neurodegeneration has been  
10 long debated (Ross and Poirier, 2005).

11  
12 In ALS and FTD, TDP-43 inclusions may elicit cellular dysfunction by sequestering or forcing the co-  
13 aggregation of natively folded TDP-43 or other cellular proteins, thereby depleting their functional pool  
14 to impair diverse physiological pathways (Chou et al., 2018; Laferriere et al., 2019). For example, end-  
15 stage ALS brains and cellular models of TDP-43 inclusion formation demonstrate large, insoluble  
16 TDP-43 inclusions incorporating the autophagy cargo receptor, p62/SQSTM1 (Cicardi et al., 2018; Hiji  
17 et al., 2008; Mizuno et al., 2006; Wang et al., 2017) or nuclear pore complex proteins (Chou et al.,  
18 2018). Notably, TDP-43 inclusions have also been shown to colocalise with tau protein in human post-  
19 mortem AD tissue (Davis et al., 2017; Higashi et al., 2007; Kadokura et al., 2009; Tomé et al., 2021;  
20 Zhang et al., 2019b). Transgenic mice over-expressing wild-type TDP-43 show accumulation of  
21 phosphorylated tau with some evidence of potential colocalisation with cytoplasmic TDP-43 inclusions  
22 (Davis et al., 2017), while mice over-expressing disease-linked TDP-43<sup>M337V</sup> exhibit increased tau  
23 expression (Gu et al., 2017). The increase in tau aggregation may be related to TDP-43-induced  
24 changes in tau expression and mRNA processing or aberrant protein-protein interactions that alter tau  
25 solubility and assembly (Davis et al., 2017; Gu et al., 2017). These studies suggest intimate links  
26 between TDP-43 proteinopathy and misfolding of other neurodegeneration-associated proteins.

27  
28 **Intranuclear TDP-43 inclusions**

29 Neuronal intranuclear inclusions that may deplete the nuclear functional pool of TDP-43 can also  
30 occur in disease, being particularly predominant in the rare FTLD-TDP type D (Neumann et al., 2007).  
31 Mutations in the *VCP* gene cause FTLD-TDP type D, rare cases of multisystem proteinopathy (also  
32 referred to as inclusion body myopathy with Paget's disease of bone and FTD), or ALS (Johnson et  
33 al., 2010; Schröder et al., 2005; Watts et al., 2004). However, intranuclear inclusion pathology related  
34 to *VCP* mutations has not been thoroughly studied due to the rarity of cases (Tan et al., 2013), so the  
35 molecular mechanisms remain largely unclear. Neuronal intranuclear inclusions containing ubiquitin  
36 and *VCP* protein have been reported in the brain of at least one case of mutant *VCP*-associated FTD  
37 (Schröder et al., 2005), and cases of multisystem proteinopathy also demonstrate alterations in *VCP*  
38 localisation and both nuclear and cytoplasmic *VCP* inclusions in muscle (Shi et al., 2012; Watts et al.,  
39 2004). However, colocalisation of TDP-43 with intranuclear neuronal mutant *VCP* inclusions has not

1 been clearly shown. Indeed, intranuclear TDP-43 inclusions found in FTLD-TDP type D have been  
2 described as being more abundant than inclusions labelled for VCP (Neumann et al., 2007),  
3 suggesting that nuclear TDP-43 pathology likely arises in these cases due to loss of normal VCP  
4 function rather than necessarily co-aggregation. Knock-out of VCP compromises the delivery of  
5 proteasomal and autophagic substrates for degradation, leading to the accumulation of  
6 polyubiquitinated proteins and TDP-43 aggregation, further suggesting mechanistic links between  
7 VCP function and TDP-43 (Kustermann et al., 2018; Wani et al., 2021). Further research is warranted  
8 to understand the mechanisms mediating the formation of intranuclear TDP-43 inclusions in disease.

9  
10 As relatively little is known about the biophysical properties, functional interactions, and mechanisms  
11 that mediate the assembly of intranuclear inclusions, their toxic effects and role in neurodegeneration  
12 are yet to be established. It is also unclear whether intranuclear TDP-43 inclusions are released to the  
13 cytoplasm. However, it has been found that TDP-43 aggregation can also occur within other distinct  
14 but adjacent compartments called micronuclei, small nuclear fragments, in ALS patient tissues, which  
15 may provide a link between intranuclear and cytoplasmic TDP-43 pathology (Droppelmann et al.,  
16 2019). Future research investigating the incidence, molecular triggers, and consequences of  
17 intranuclear TDP-43 aggregation are needed.

## 18 19 **2.5 Post-translational modifications that mark end-stage TDP-43 inclusions modulate** 20 **pathological changes to TDP-43 structure and function**

21 Many post-translational modifications (PTMs) to TDP-43 have been identified in ALS and FTLD-TDP  
22 tissues, including C-terminal fragmentation, phosphorylation, ubiquitination, acetylation, sumoylation,  
23 nitrosylation, and methylation, which have been extensively reviewed elsewhere (Aikio et al., 2021;  
24 Berning and Walker, 2019; Buratti, 2018; Eck et al., 2021; François-Moutal et al., 2019; Wood et al.,  
25 2021). Although TDP-43 PTMs have mostly been studied in isolation, pathological TDP-43 species  
26 likely acquire multiple different modifications throughout disease development.

27  
28 It is important to note that the different TDP-43 proteinopathies and disease subtypes can be  
29 pathologically differentiated based on patterns of TDP-43 PTMs (Lee et al., 2017; Mackenzie et al.,  
30 2011). Unique PTM 'signatures' may occur at particular TDP-43 residues, decorate distinct TDP-43  
31 species, or characterise particular regions throughout the CNS. For example, phosphorylation of TDP-  
32 43 is a consistent feature of multiple distinct TDP-43 species, observed throughout the brain and  
33 spinal cord across the entire spectrum of sporadic and familial forms of ALS and FTD (Gu et al., 2019;  
34 Guedes et al., 2017; Neumann et al., 2021; Neumann et al., 2009), while acetylation is largely a  
35 feature of TDP-43 pathology in the spinal cord (Cohen et al., 2015). One overarching feature of TDP-  
36 43 PTMs is their identification primarily on cytoplasmic or aggregated forms of TDP-43, rather than  
37 physiological nuclear TDP-43. This suggests that disease-associated mislocalisation either i) exposes  
38 TDP-43 to a modification-prone environment, ii) induces structural changes in TDP-43 that increase  
39 the abundance of TDP-43 PTMs, iii) is promoted by TDP-43 PTMs, or iv) occurs in TDP-43 species

1 that are also prone to modification. Understanding how TDP-43 PTMs occur, and how they relate to  
2 TDP-43 dysfunction and pathology formation, will reveal their role in neurodegeneration.

3

#### 4 **TDP-43 C-terminal fragmentation**

5 Of all known TDP-43 modifications, C-terminal fragmentation was amongst the first identified  
6 (Neumann et al., 2006). TDP-43 C-terminal fragments (CTFs) are formed primarily by proteolytic  
7 cleavage, which can be stimulated by disease-associated TDP-43 mutations and various cellular  
8 stressors (Rutherford et al., 2008; Sreedharan et al., 2008). CTFs form different truncation site-specific  
9 molecular conformations which characterise distinct assemblies in TDP-43 proteinopathies,  
10 prominently including 25 and 35kDa fragments (Feneberg et al., 2021; Shenoy et al., 2020). The  
11 specific perturbations that contribute to the generation, and downstream cellular consequences of,  
12 TDP-43 CTFs have been thoroughly reviewed elsewhere (Berning and Walker, 2019). Importantly,  
13 TDP-43 CTFs are consistently observed in human ALS and FTD brain tissues and in some disease-  
14 relevant animal models, although they are unlikely to be a primary driver of pathogenesis (Berning  
15 and Walker, 2019).

16

#### 17 **TDP-43 phosphorylation**

18 Phosphorylation of TDP-43 is another key pathological hallmark of TDP-43 proteinopathies (Neumann  
19 et al., 2006), as has been thoroughly reviewed recently (Eck et al., 2021). Multiple TDP-43 species  
20 have been shown to be phosphorylated most notably at serines 369, 379, 403, 404, 409, and 410 (Gu  
21 et al., 2019; Neumann et al., 2021; Neumann et al., 2009), which is mediated by enzymes including  
22 CDC7 (Liachko et al., 2013), TTBK1 (Taylor et al., 2018), casein kinase 1 $\epsilon$  (Choksi et al., 2014), and  
23 casein kinase 1 $\sigma$  (Nonaka et al., 2016). Furthermore, different patterns of phosphorylated TDP-43  
24 pathology may be unique to particular TDP-43 proteinopathies, their subtypes, or affected regions of  
25 the CNS. For example, phosphorylated TDP-43 CTFs accumulate in the cortex in ALS and FTLN-  
26 TDP, but not in the spinal cord, where phosphorylated full-length TDP-43 has been observed (Igaz et  
27 al., 2008). Regarding common phosphorylated residues, some AD cases exhibit TDP-43 pathology  
28 specifically enriched in CTFs phosphorylated at serine residues 409/410, while other cases show  
29 multiple pathological species, including full-length TDP-43, phosphorylated at serines 409/410 and  
30 403/404, which are also seen in FTLN-TDP (Tomé et al., 2020). Another study observed differences  
31 among FTLN-TDP subtypes, identifying phosphorylation of TDP-43 at serine 369 in ALS and FTLN-  
32 TDP types B and C but not type A (Neumann et al., 2020). LATE cases exhibit phosphorylated TDP-  
33 43 409/410 in the hippocampus, dentate gyrus, and amygdala (Nelson et al., 2019; Robinson et al.,  
34 2020), however the full phosphorylation profile of TDP-43 is yet to be characterised in LATE. In  
35 addition, recently a distinct FTLN-TDP subtype E was reported based on distinct features including  
36 widespread distribution of phosphorylated TDP-43 inclusions with the appearance of fine, small  
37 puncta throughout the cortical layers (Lee et al., 2017). This suggests that aggregating TDP-43  
38 species in different diseases have varying tendencies for phosphorylation, distinct phosphorylation



1 patterns and regional distributions throughout the CNS, which may relate to relative differences in  
2 neurodegeneration.

3  
4 Phosphorylation has been shown to differentially affect the function, solubility, aggregation propensity,  
5 and toxicity of pathological TDP-43 species. Over-expression of kinases that mediate TDP-43  
6 phosphorylation has been implicated in exacerbating pathological TDP-43 deposition, and enhancing  
7 toxicity (Choksi et al., 2014; Liachko et al., 2013; Nonaka et al., 2016; Taylor et al., 2018). While the  
8 amount of phosphorylation has been shown to correlate with the level of aggregation (Brady et al.,  
9 2011), there is also evidence challenging the hypothesis that TDP-43 phosphorylation negatively  
10 contributes to TDP-43 aggregation and disease progression. Mutations that mimic disease-associated  
11 hyperphosphorylation decrease the overall levels of phosphorylated CTFs and number of HEK293 or  
12 Neuro2a cells with TDP-43 inclusions (Brady et al., 2011). In addition, similar phospho-mimetic  
13 mutations inhibit aberrant LLPS-mediated accumulation of TDP-43 in membraneless organelles,  
14 decrease polymerisation, and enhance solubility in neurons, suggesting that phosphorylation may  
15 actually suppress the aggregation propensity of TDP-43 (da Silva et al., 2021; Wang et al., 2018).  
16 One study found that this phospho-mimic did not alter nuclear trafficking or RNA processing (da Silva  
17 et al., 2021), whereas another found a significant reduction in TDP-43 splicing regulatory activity  
18 (Wang et al., 2018). Therefore, the effects of phosphorylation on TDP-43 function and neuronal  
19 viability remain inconclusive. Phosphorylated TDP-43 is not present under normal conditions, and is  
20 usually exclusively found in the detergent-insoluble fraction of TDP-43 disease models, including cells  
21 (Cohen et al., 2015), and mouse cortex and spinal cord tissues (Walker et al., 2015), similar to human  
22 post-mortem ALS and FTD brains and spinal cords (Neumann et al., 2006). Rather than being  
23 detrimental, it remains possible that TDP-43 phosphorylation is an endogenous mechanism that  
24 enhances the solubility of cytoplasmic TDP-43, which could be protective for neurons in disease.

## 25 26 **TDP-43 acetylation**

27 The acetylation of select TDP-43 lysine residues is associated with alterations to RNA processing and  
28 protein solubility, likely through the electrostatic neutralisation of positively charged lysine residues as  
29 has been shown for acetylation of other unrelated proteins (Arbely et al., 2011; Ren et al., 2016).  
30 Indeed, acetylation of TDP-43 impairs the binding of negatively charged RNA, and promotes  
31 accumulation of insoluble TDP-43 species (Cohen et al., 2015). Multiple acetylation sites on TDP-43  
32 have been identified in ALS autopsy tissues, including at lysine residues 145 and 192 located within  
33 the RRM1 and RRM2 domains, respectively (Cohen et al., 2015), as well as lysine 82 located within  
34 the NLS (Kametani et al., 2016). Expression of TDP-43 with a defective NLS (TDP-43<sup>ΔNLS</sup>) increases  
35 TDP-43 acetylation, suggesting that exposure to the cytoplasmic environment mediates this PTM  
36 (Cohen et al., 2015). Cells expressing acetylation-mimicking mutants of TDP-43, TDP-43<sup>K145Q/K192Q</sup>  
37 and TDP-43<sup>ΔNLS/K145Q/K192Q</sup> form nuclear speckles and cytoplasmic inclusions, respectively (Cohen et  
38 al., 2015). These mutants also showed impaired RNA binding and were more aggregation-prone than  
39 wild-type, with increased detergent-insolubility and phosphorylation (Cohen et al., 2015). The

1 cytoplasmic acetylation-mimicking mutant of TDP-43 has been shown to be occasionally recruited into  
2 SGs, but also forms SG-independent large amorphous structures that were similar in morphology and  
3 biochemical composition to inclusions found in ALS lumbar spinal cord (Chen and Cohen, 2019).  
4 Together, these findings indicate a clear link between acetylation and pathological aggregation-prone  
5 TDP-43.

6  
7 While multiple PTMs have been linked with increased aggregation propensity and persistent TDP-43  
8 inclusions in disease, it is ultimately unclear whether PTMs are causative, or a byproduct of,  
9 accumulated dysfunctional proteins. Future research should determine how changes in TDP-43  
10 structure, function, and localisation throughout disease affect its tendency to acquire PTMs.  
11 Furthermore, the significance of different PTM profiles between TDP-43 proteinopathies, disease  
12 subtypes, and affected regions of the CNS, together with the precise molecular triggers and  
13 consequences of PTMs, must be understood to determine how PTMs impact TDP-43 pathology  
14 formation and neurodegeneration, and whether targeting PTMs could be a viable therapeutic strategy.  
15 Despite extensive and continuing study, there remain many unknowns as to the role of PTMs in  
16 disease.

17

## 18 **2.6 Conclusions on the noxious assembly of pathological TDP-43**

19 Within the 'life' of pathological TDP-43, the early triggers of mislocalisation and misfolding are likely  
20 the key mediators of TDP-43 loss of function, rendering the protein unable to interact with its  
21 physiological targets either spatially or allosterically. The mislocalisation and misfolding of TDP-43 are  
22 likely also necessary for subsequent cytoplasmic interactions and modifications that underlie TDP-43  
23 toxic gain of toxic function and the development of additional pathological TDP-43 species. TDP-43  
24 oligomerisation and inclusion deposition may not greatly affect the already compromised function of  
25 initiating pathological TDP-43 species, but are likely deleterious by sequestering other cellular proteins  
26 or natively folded TDP-43 and preventing their physiological interactions. TDP-43 PTMs are generally  
27 viewed as important markers for pathological classification; however, the contributions of PTMs to  
28 neurodegeneration and their timing within this TDP-43 pathology cascade remain unclear. Notably,  
29 observations of hallmark TDP-43 inclusions within remaining neurons at end-stage disease suggests  
30 that inclusions are not inherently toxic. Rather, the progressive noxious assembly of pathological TDP-  
31 43 species likely drives disease, and early processes of TDP-43 dysfunction and aggregation may  
32 occur well before robust inclusion pathology is established, but remain undetected within degenerating  
33 inclusion-bearing neurons.

34

35 Therefore, preventing the development of, or removing, noxious pathological TDP-43 species  
36 represents a common and crucial target for disease-modifying therapies. However, as TDP-43 is  
37 essential for survival, the ablation of endogenous TDP-43 is not a viable strategy. Understanding how  
38 endogenous protective mechanisms normally maintain TDP-43 solubility and function, prevent  
39 aggregation and refold or remove pathological species may reveal means to mitigate their toxic

1 complications while restoring native-TDP-43. This will be critical to prevent further neuronal death and  
2 promote functional recovery from TDP-43 pathology-associated deficits. In the third part of this review,  
3 we explore the role of the neuronal proteostasis network in TDP-43 aggregation, and the effects on  
4 that network when TDP-43 does become aggregated, dissecting the involvement of multiple protein  
5 degradation pathways that play different roles in health and disease.

6

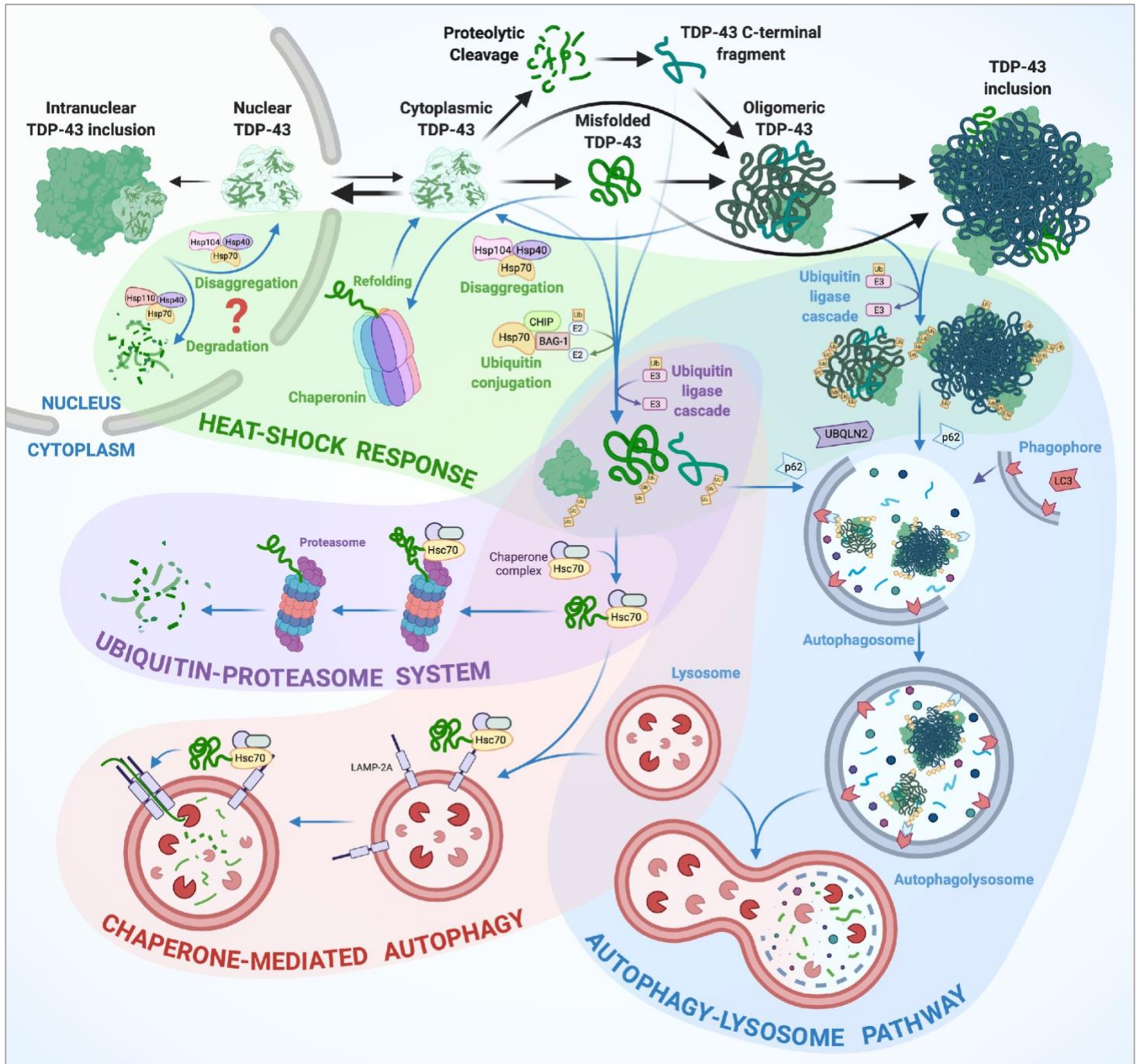
### 7 **3 Therapeutic removal: clearance of TDP-43 pathology by endogenous** 8 **neuronal protein degradation systems**

9 Under physiological conditions, proteostasis is maintained by endogenous systems that refold or  
10 degrade unstable, misfolded or aggregated proteins that could be toxic or impair cell functionality  
11 (Boland et al., 2018; Klaips et al., 2018; Nixon, 2013). Mechanisms of proteostasis primarily include  
12 the ubiquitin-proteasome system (UPS), autophagy-lysosome pathway (ALP), heat-shock response  
13 (HSR), and chaperone-mediated autophagy (CMA). These systems can operate constitutively in  
14 'housekeeping' roles or become activated under conditions of cellular stress, where each feature  
15 different regulatory mechanisms, machineries and capacities for removing distinct pathological TDP-  
16 43 species (**Figure 2**). Three key pathomechanisms relate neuronal proteostasis dysfunction with  
17 pathological TDP-43 aggregation and neurodegeneration: (i) proteostasis dysfunction has been  
18 shown to occur with ageing, and neurons are post-mitotic, long-lived, large cells, which have high  
19 demands for protein quality control, making them vulnerable to toxic protein aggregation and  
20 neurodegeneration (Aman et al., 2021; Tsuiji et al., 2017; Yerbury et al., 2020), ii) several disease-  
21 linked mutations occur in proteostasis genes, likely upstream of TDP-43 pathology formation (Medinas  
22 et al., 2017; Ramesh and Pandey, 2017), and iii) TDP-43 itself likely influences proteostasis capacity.  
23 Indeed, TDP-43 regulates the expression of important proteostasis components, a function that is  
24 likely disrupted by TDP-43 aggregation (Bose et al., 2011; Leibiger et al., 2018). Likewise, aggregating  
25 TDP-43 species may also form aberrant protein-protein interactions with proteostasis components  
26 throughout disease, further disrupting proteostasis function (Leibiger et al., 2018; Ormeño et al.,  
27 2020a; Torres et al., 2018; Xia et al., 2016).

28

29 However, it has been shown that cytoplasmic TDP-43 pathology can be effectively removed by  
30 endogenous protein clearance systems, even after disease onset, restoring the native nuclear TDP-  
31 43 pool and preventing neuronal death to facilitate phenotypic recovery in ALS mice (Walker et al.,  
32 2015). Understanding the endogenous proteostasis response to TDP-43 aggregation, how  
33 proteostasis becomes dysfunctional in disease, and which individual proteins and pathways are most  
34 effective in clearing TDP-43, may highlight critical targets to be further explored for effective disease-  
35 modifying treatments across the TDP-43 proteinopathies, including ALS, FTLDP, LATE, and AD.

36



2 **Figure 2: Endogenous protein degradation systems are capable of removing different**  
 3 **pathological TDP-43 species in neurons.** Detection, sequestration and degradation of TDP-43  
 4 species occur through multiple proteostasis systems, including the ubiquitin-proteasome system,  
 5 autophagy-lysosome pathway, heat-shock response and chaperone-mediated autophagy. Black  
 6 arrows indicate the molecular changes by which native TDP-43 becomes pathological. Blue arrows  
 7 indicate the pathways to pathological protein clearance. Misfolded and oligomeric TDP-43 species  
 8 can be re-folded into functional TDP-43 monomers by the activities of the heat shock response.  
 9 Monomeric, misfolded and C-terminal fragments of TDP-43 can be ubiquitinated and targeted for  
 10 degradation by either the ubiquitin proteasome system or chaperone-mediated autophagy. Oligomers  
 11 and mature inclusions formed from TDP-43 can be ubiquitinated and targeted for clearance by the  
 12 autophagy-lysosome pathway. The pathway of intranuclear TDP-43 disassembly or clearance is  
 13 speculative and remains to be established. Schematic figure created with *BioRender*.

14  
 15



### 1 3.1 The role of the ubiquitin-proteasome system in TDP-43 pathology

2 The UPS employs a network of proteins that ubiquitinate and shuttle damaged or misfolded proteins  
3 for degradation by the proteasome, predominantly degrading monomeric, unfolded polypeptides (Pohl  
4 and Dikic, 2019). Ubiquitination of persistent neurotoxic protein aggregates was one of the earliest  
5 recognised pathological hallmarks of neurodegenerative disease, and ubiquitin-binding proteins are  
6 commonly sequestered within ubiquitinated protein inclusions (Schmidt et al., 2021). ALS and FTD  
7 tissues and patient-derived fibroblasts exhibit signs of UPS dysfunction associated with TDP-43  
8 pathology (Kabashi et al., 2012; Lee et al., 2019). For example, decreased proteasome levels,  
9 reduced catalysis of proteasomal substrates, and alterations in constitutive proteasome machinery  
10 composition have been found in lower motor neurons and spinal cord homogenates from sporadic  
11 ALS patients (Kabashi et al., 2012). Indeed, proteasomal inhibition with MG132 treatment increases  
12 disease-associated cytoplasmic accumulation of TDP-43 in cultured neurons and neuronal cell lines  
13 (Ishii et al., 2017; Scotter et al., 2014; van Eersel et al., 2011). UPS inhibition also significantly  
14 increases the formation of cytoplasmic inclusions containing endogenous and exogenous 35- and 25-  
15 kDa TDP-43 CTF in HEK293 cells (Wang et al., 2010), NSC-34 motor neuron-like cells (Cicardi et al.,  
16 2018), Neuro-2a cells (Huang et al., 2014; Walker et al., 2013), and rat primary neurons (Uchida et  
17 al., 2016). Conditional motor neuron-specific knock-out of Rtp3, a protein that is essential for 26S  
18 proteasome formation, also leads to TDP-43 aggregation, motor neuron death, and ALS-like motor  
19 deficits in mice (Tashiro et al., 2012). These findings suggest that the UPS is normally involved in the  
20 degradation of mislocalised, misfolded, or truncated TDP-43 and that disruption of the UPS can initiate  
21 and exacerbate TDP-43 pathology.

22  
23 Rare inherited ALS- and FTLTDP-causing mutations have been identified in genes associated with  
24 the UPS, most notably including *UBQLN2* and *SQSTM1* (encoding p62), which are also involved in  
25 the ALP (Deng et al., 2011; Teyssou et al., 2013; van der Zee et al., 2014). *UBQLN2* is a  
26 polyubiquitinated cargo receptor which docks target proteins to UPS or ALP adaptor proteins (Zhang  
27 et al., 2014). Wild-type *UBQLN2* binds to the C-terminal region of TDP-43 with high affinity and may  
28 increase the clearance of full-length TDP-43 and CTFs (Cassel and Reitz, 2013; Watanabe et al.,  
29 2020). However, disease-association mutations in *UBQLN2* may cause a loss of function that impedes  
30 protein clearance via the UPS and ALP (Wu et al., 2020). However, the precise mechanism and overall  
31 impact of such *UBQLN2* mutations alone on neurodegeneration is unclear, as complete *UBQLN2*  
32 knock-out in rats has no effect on neuronal function or behavioural phenotype (Huang et al., 2016;  
33 Wu et al., 2015), but did cause age-dependent motor decline in mice (Hjerpe et al., 2016). This  
34 *UBQLN2* knock-out phenotype in mice was more severe than the mild phenotype caused by knock-in  
35 of a disease mutation to the endogenous mouse *UBQLN2* locus (Hjerpe et al., 2016), but less severe  
36 than the exogenous over-expression of mutant *UBQLN2*, which resulted in dramatic and rapid motor  
37 decline (Le et al., 2016). In addition to a loss of its function, in some ALS and FTD cases caused by  
38 *UBQLN2* or *C9ORF72* mutations, the *UBQLN2* protein actually forms cytoplasmic inclusions which  
39 likely contribute to neuronal dysfunction or death, through variable mechanisms which may or may

1 not involve TDP-43, manifesting as different cognitive or motor phenotypes (Brettschneider et al.,  
2 2013; Deng et al., 2011; Osaka et al., 2016). *In vivo*, some studies have shown that expression of  
3 ALS- and FTD-linked mutant UBQLN2 in rats and mice leads to profound cytoplasmic UBQLN2  
4 inclusion formation in neurons, which coincides with increased TDP-43 mislocalisation or aggregation,  
5 cognitive deficits, and motor phenotypes (Le et al., 2016; Osaka et al., 2016; Picher-Martel et al.,  
6 2019; Sharkey et al., 2018). In contrast, the expression of both human and rat wild-type or mutant  
7 UBQLN2<sup>P497H</sup> in rats or in mice, has been shown to lead to development of neuronal UBQLN2-,  
8 ubiquitin-, and p62-positive inclusions without TDP-43 immunoreactivity, particularly in the  
9 hippocampus, with synaptic dysfunction, neuron death and cognitive deficits but no motor phenotype  
10 (Gorrie et al., 2014; Huang et al., 2016; Wu et al., 2015). Finally, some ALS- and FTD-linked mutant  
11 UBQLN2<sup>P506T</sup> transgenic mice do not demonstrate pathological TDP-43 aggregation, or evidence of  
12 neurodegeneration or behavioural changes (Sharkey et al., 2020). It is likely that UBQLN2 aggregation  
13 further compromises ubiquitin-dependent proteostasis function, by sequestering free ubiquitin,  
14 proteasome subunits and autophagy proteins (Huang et al., 2016; Wu et al., 2015). Both this gain of  
15 aggregation propensity and loss of UPS regulation by UBQLN2 may contribute to TDP-43  
16 proteinopathy.

17  
18 Mutations in p62/SQSTM1, another UPS/ALP cargo receptor protein, have also been identified in rare  
19 cases of ALS and FTD, and likely impair binding of ubiquitinated substrates or its association with  
20 degradation machineries, leading to TDP-43 pathology (Fecto et al., 2011; Le Ber et al., 2013; Rubino  
21 et al., 2012; van der Zee et al., 2014). In particular, *SQSTM1* mutations may also increase the  
22 propensity for p62 aggregation to further impair its functional roles. Indeed, neuropathological analysis  
23 of mutant *SQSTM1* ALS and FTD cases identified large p62-positive TDP-43 inclusions in motor  
24 neurons and increased p62 and phosphorylated-TDP-43 protein levels in the spinal cord (Teyssou et  
25 al., 2013), temporal cortex, and dentate gyrus (van der Zee et al., 2014). p62-positive TDP-43  
26 inclusions are also observed in many sporadic cases without *SQSTM1* mutations, however this may  
27 result from TDP-43-dependent sequestration (Cicardi et al., 2018; Wang et al., 2017). Therefore, ALS-  
28 and FTD-linked mutations in UPS components may hinder the binding and delivery of  
29 polyubiquitinated substrates, such as TDP-43, to the proteasome, resulting in TDP-43 inclusion  
30 formation.

### 31 32 **3.1.1 TDP-43 pathology induces UPS impairment**

33 TDP-43 pathology may impair UPS function by binding and sequestering important machinery  
34 components and affecting ubiquitin availability. For example, sporadic, familial, and *TARDBP*-linked  
35 ALS and sporadic ALS/dementia post-mortem spinal cord tissues show colocalisation of UBQLN2  
36 with TDP-43 inclusions (Deng et al., 2011). Other UPS machineries including p62, as well as entire  
37 proteasomes, individual subunits and assembly proteins, have been shown to interact and become  
38 sequestered with cytoplasmic TDP-43 inclusions in primary rat neurons and NSC-34 cells expressing  
39 25-kDa TDP-43 CTFs or an acetylation-mimicking mutant of TDP-43 (Cicardi et al., 2018;



1 Riemenschneider et al., 2021; Wang et al., 2017). These inclusion-bound proteasomes exhibit a  
2 stalled conformation, suggesting a loss of proteolytic activity (Riemenschneider et al., 2021). TDP-43-  
3 induced impairment of proteasome activity is further supported by the accumulation of UPS substrate  
4 reporters such as ubiquitin<sup>G76V</sup>-AcGFP (Watanabe et al., 2013) and abnormal accumulation of  
5 insoluble polyubiquitinated proteins in Neuro2a cells expressing mutant TDP-43 (Lee et al., 2020).  
6 Furthermore, internalised full-length TDP-43 inclusions in NSC-34 cells evade detection and  
7 proteasomal degradation and do not alter the activity of the UPS co-chaperones BAG1 or BAG3,  
8 suggesting impairment of substrate recruitment processes within the UPS (Cascella et al., 2017).  
9 Excessive polyubiquitination of persistent TDP-43 pathological species facilitates evasion of  
10 degradation, but also depletes the free ubiquitin pool, thereby disrupting global ubiquitin homeostasis  
11 in ALS and FTD (Farrawell et al., 2020).

12

### 13 **3.1.2 Pharmacological activation of the UPS**

14 Relatively few studies have investigated the effect of pharmacological enhancement of UPS function  
15 on TDP-43 pathology (**Table 1**), despite strong evidence that i) UPS impairment results in TDP-43  
16 inclusion formation, and ii) misfolded TDP-43 impairs the UPS in a positive feed-back loop. Indeed, it  
17 has been demonstrated that the restoration of UPS function in cells leads to the clearance of TDP-43-  
18 positive and p62-positive inclusions that were generated following UPS inhibition (Scotter et al., 2014).  
19 IU1, an inhibitor of the deubiquitinating enzyme USP14, has been shown to accelerate ubiquitination  
20 and degradation of over-expressed TDP-43 in mouse embryonic fibroblasts (Lee et al., 2010),  
21 although genetic inhibition of USP14 via expression of a catalytically-inactive variant had no effect on  
22 TDP-43 levels in HEK293 cells (Ortuno et al., 2016). Additionally, forskolin treatment activated cAMP-  
23 dependent protein kinase A, leading to phosphorylation of 26S proteasomes and decreased levels of  
24 mutant TDP-43<sup>M337V</sup> via the UPS (Lokireddy et al., 2015). Promisingly, small molecule proteolysis  
25 targeting chimera (PROTAC) approaches have recently been shown to induce UPS-dependent  
26 degradation of tau protein in cells, as well as in brains of non-transgenic mice and tau-related  
27 neurodegenerative disease model mice (Wang et al., 2021). This study and other advances in  
28 PROTAC technology supports promising new approaches in UPS drug discovery that could be applied  
29 to TDP-43 proteinopathies in the future (Farrell and Jarome, 2021).

30

31 **Table 1. Studies of pharmacological enhancement of TDP-43 protein clearance in cell and**  
32 **animal models of TDP-43 proteinopathy.** Summary of target selection and treatment conditions  
33 for the application of proteostasis-enhancing compounds in TDP-43 disease models, with an  
34 evaluation of therapeutic efficacy and validation for target engagement and pathway activation.  
35 Abbreviations: 1°, primary; CTF, C-terminal fragment; ER, endoplasmic reticulum; FL, full-length;  
36 FTL, frontotemporal lobar degeneration; HSP, heat-shock protein; KD, knock-down; MDC,  
37 monodansylcadaverine; MEFs, mouse embryonic fibroblasts; NFκB, nuclear Factor kappa-light-  
38 chain-enhancer of activated B cells; mTORC1, mammalian target of rapamycin complex 1; scFv,  
39 Single-chain variable fragment; TARDBP, transactive response DNA-binding protein; TRiC, TCP-1  
40 ring complex; VCP, valosin containing protein; WT, wild-type.

41

	Target	Model	Treatment	Pathway validation	Effect	Ref.
<b>Ubiquitin proteasome system</b>						
IU1	USP14 inhibition	MEFs overexpr. TDP-43-FLAG	IU1 50µM, 6h	↓ free ubiquitin, no change in proteasome synthesis/subunit composition, ↑ ubiquitin conjugation to TDP-43	↑ ubiquitination and proteasomal degradation of TDP-43	(Lee et al., 2010)
Forskolin	PKA activation via cAMP	HEK293A cells expr. TDP-43 <sup>G337V</sup>	Forskolin 50µM, 5h in presence of cycloheximide	↑ cAMP, ↑ doubly-capped PKA-α-associated proteasomes. Blocking proteasome function prevented decrease in TDP-43	↓ soluble and insoluble levels of mutant TDP-43	(Lokredy et al., 2015)
<b>Ubiquitin proteasome system/chaperone-mediated autophagy</b>						
3B12A scFv-CMA (Misfolding-specific intrabody with proteolytic signals)	TDP-43 intrabody	Mouse embryonic brains expr. WT or mutant TDP-43 <sup>G337S</sup> , CT198C178S	In utero electroporation with 3B12A scFv intrabody, 48h	No change in cell-wide autophagy or proteasome activity. However autophagy/proteasome inhibition demonstrated ALP-UPS-dependent degradation of TDP-43	↓ size, intensity and # cytoplasmic mutant TDP-43 inclusions, ↓ neuron loss up to P21	(Tamaki et al., 2018)
<b>Autophagy-lysosome pathway</b>						
Rapamycin	mTORC1 inhibition	Neuro2A, SH-SY5Y cells transfected TDP-43 <sup>G337S</sup> CTF FTLD-U-TDP mice dTDP Drosophila Glaucoma mutant OPTN (E50K) mice	Rapamycin 0.5µg/mL, 24h 2mo mice, Rapamycin 10mg/kg, 3x/week, 4 months Rapamycin 400µM daily for 10d prior to dTDP expr., then every 1-2 days for 14d 5 weeks	LC3-II/I ratio, ↓ p70S6K (downstream target of mTOR activity) ↓ p70S6K (brain), ↑ LC3+ puncta (IF) and LC3-II/I ratio (WB), no quantification of autolysosome fusion or flux ↓ p62 levels in control and transgenic flies (dose dependent) ↓ LC3-II and p62 abundance in OPTN transgenic mice, but no change in autophagy proteins in control mice	↓ # cells with cytoplasmic TDP-43, ↓ TDP-35 and -25kDa CTFs, rescued TDP-43 mislocalisation and neurofilament instability, turnover of full-length TDP-43 unaffected ↓ # cells with cytoplasmic TDP-43 inclusions, ↓ insoluble TDP-43 and CTFs, ↑ cognition, ↑ motor function, ↓ # apoptotic cells, ↓ astrogliosis ↓ # neurons with TDP-43 aggregates, no effect on soluble dTDP levels, partially rescue lifespan and locomotive deficits. However was harmful to control flies ↓ TDP-43 levels, ↑ survival of retinal ganglion cells, ↑ visual function	(Caccamo et al., 2009) (Wang et al., 2012) (Cheng et al., 2015) (Zhang et al., 2021)
Valproate	?	SH-SY5Y cells expr. TDP-25 CTF	Up to 2mM Valproate, 48h	↑ LC3-II/I ratio, Beclin-1 levels, MDC and LysoTracker intensity	↑ autophagy, ↓ ER-stress-mediated apoptosis, ↓ TDP-25-induced neuronal toxicity	(Wang et al., 2015)
IMS-088 (analog of Withaferin-A)	NF-κB essential modulator antagonist	hTDP-43 <sup>G337S</sup> mice; hTDP-43 <sup>G214C</sup> mice	1yo mice, IMS-088 30mg/kg by oral gavage, 2x daily, 8 weeks 5µM each compound, 24h	↑ NF-κB activity (↓NF-κB P65-luciferase reporter signal in response to TNFα+IMS-088)	↓ TDP-43 levels, cytoplasmic:nuclear ratio, and number of inclusions per cell (brain, spinal cord), ↑ cognition, ↓ gliosis	(Kumar et al., 2021)
Fluphenazine (FPZ) Methotrimeprazine (MTM) N-chlorophenoxazine (NCP)	?	1 <sup>o</sup> rat neurons expr. TDP-43 <sup>G337S</sup> /437Y and hSPC-derived neurons		↓ LC3-Dendra2 half-life, ↑ LC3-II/I ratio, ↑ LC3-II levels, ↑ LC3+ puncta in presence of NH <sub>4</sub> Cl (FPZ most potent)	All 3 = ↓ TDP-43 <sup>G337S</sup> -EGFP levels, only FPZ and MTM ↓ inclusion # by 48h, restored TDP-43 localisation, ↑ neuron/astrocyte survival	(Barmada et al., 2014)
Rilmenidine	mTOR-independent	TDP-43 <sup>G337S</sup> mice, P21	Rilmenidine 4x/week, 1mg/kg until late disease then 0.5mg/kg until end	↑ LC3-II and -I levels (brain, SC). Brain: no change LC3-II/I ratio, ↑ p62/SQSTM1. SC: ↑ LC3-II/I ratio, no change p62	Exacerbated phenotype of TDP-43 <sup>G337S</sup> mice (↓ lifespan), attributed to excessive mitophagy	(Perera et al., 2021)
Tubastatin-A	HDAC6 inhibition	Mutant TARDBP iPSC-derived motor neurons	Unknown concentration Tubastatin-A, 12h	Restored axonal transport deficit (contributes to autophagy deficit in these models?), no quantification of autophagy activity	↓ mutant TDP-43 mislocalisation, ↓ pTDP-43 levels, ↓ insoluble TDP-43 levels (35kDa/25kDa CTFs), no effect on endog. TDP-43 in controls	(Fazal et al., 2021)
<b>Heat-shock response</b>						
HSF-1A (activator)	Inhibition of TRIC complex	HEK293 cells, expr. TDP-43 <sup>G337S</sup> /K48Q	HSF-1A 10µM, 24h	No validation of HSF-1A target activation or downstream HSP gene expression changes.	↓ # TDP-43 inclusions.	(Wang et al., 2017)
17-AAG	Inhibition of HSP90 ATPase activity	HEK293 cells, expr. TDP-43 <sup>G337S</sup> /K48Q HeLa cells expr. FL TDP-43 or CTF	17-AAG 5µM, 24h 17-AAG 3µM, 24h	No validation of changes in HSP90 activity. Limited validation of drug target engagement, as above.	↑ insoluble mutant TDP-43? ↓ soluble endogenous TDP-43 compared to vehicle control. However no quantitative densitometry analysis No effect on FL and CTF TDP-43 levels	(Wang et al., 2017) (Jinwal et al., 2012)
Celastrol	Inhibition of HSP90/CDC37 interface	HeLa cells expr. FL TDP-43 or CTF	Celastrol 3µM, 24h	Limited validation. KD and overexpr. CDC37 demonstrated Celastrol-mediated effect dependent on HSP90/CDC37 interaction.	↓ FL and CTF TDP-43 levels	(Jinwal et al., 2012)
Arimocromolol	HSF-1 and HSP gene activation	Mutant VCP mice, 4 months old	Arimocromolol 120mg/kg daily in drinking water, 10 months	↑ HSP70 expression, ↓ ubiquitin levels, Proteasomal activity unchanged, ↓ LC3-II (but lysosomal inhibitor not applied)	↓ inclusion pathology, ↓ cytoplasmic TDP-43 levels, ↑ muscle force	(Ahmed et al., 2016)
Colchicine or doxorubicin	HSPB8 activation	SH-SY5Y cells expr. FL TDP-43 or CTFs	Colchicine or Doxorubicin (100nM, 500nM or 1µM)	↑ hHSPB8 mRNA and protein, ↑ heat-shock-induced HSF-1, ↑ TFEB, ↑ p62/SQSTM1, ↑ LC3.	Both ↓ # and size GFP-TDP-25 inclusions. Colchicine ↓ insoluble GFP-TDP-43 and -25 levels. Doxorubicin ↓ GFP-TDP-25 levels only	(Crippa et al., 2016)

1

2

### 3.1.3 Genetic enhancement of the UPS

Alternative therapeutic approaches involving direct genetic manipulation of essential UPS components that may be dysfunctional or depleted in ALS and FTD have been shown to efficiently enhance proteasomal TDP-43 degradation (**Table 2**). In human neuroglioma cells expressing full-length or CTF TDP-43, co-transfection with wild-type UBQLN2 decreased the abundance of both TDP-43 species, although changes in proteasomal activity were not detected (Cassel and Reitz, 2013). In addition, over-expression of ubiquitin in mutant UBQLN2<sup>P497H</sup>-/TDP-43<sup>G348C</sup>-expressing Neuro-2a cells, which demonstrate UPS impairment due to ubiquitin sequestration, has been shown to restore the free ubiquitin pool to enhance UPS-mediated degradation of cytoplasmic TDP-43 inclusions (Picher-Martel et al., 2019). TDP-43 accumulation in the mouse brain is also prevented by the expression of the E3 ubiquitin ligase Znf179, which stimulates TDP-43 polyubiquitination and 26S proteasome activity by modulating 19S/20S subunit levels, whereas knock-out of Znf179 increases insoluble TDP-43 cytoplasmic inclusion formation (Lee et al., 2018). Over-expression of another E3 ubiquitin ligase, Praja-1, also decreases cytoplasmic TDP-43 CTFs and inclusion formation in cells and mouse motor neurons (Watabe et al., 2020). Praja-1 likely facilitates greater association between pathological TDP-43 and the ubiquitin-conjugating enzyme, UBE2E3 (Watabe et al., 2020), to increase TDP-43 ubiquitination and proteasomal targeting (Hans et al., 2014). These studies indicate that strategies to increase the association of pathological TDP-43 with UPS components to facilitate specific polyubiquitination and proteasomal targeting may be more effective than stimulating increased abundance of UPS cargo receptors or proteasomal assembly.

23

This recognition and recruitment of substrates is one of the major rate-limiting steps to efficient protein degradation; however, emerging therapeutic agents such as synthetic antibodies may overcome these

25

1 hurdles. For example, single-chain intracellular antibodies (intrabodies) have been generated  
 2 specifically against misfolded TDP-43 and its functional RRM, which contain proteolytic signals that  
 3 direct TDP-43 degradation towards the proteasome or ALP (Pozzi et al., 2020; Pozzi et al., 2019;  
 4 Tamaki et al., 2018). Viral-mediated delivery of TDP-43-intrabodies to mutant TDP-43 transgenic mice  
 5 ameliorated cognitive impairment, motor defects and TDP-43 proteinopathy, which was attributed to  
 6 an increased association of pathological TDP-43 with proteasomes and autophagosomes, with  
 7 subsequent UPS- or ALP-dependent degradation (Pozzi et al., 2020; Pozzi et al., 2019; Tamaki et al.,  
 8 2018). Testing these strategies in more complex *in vitro* neuronal systems and other *in vivo* models is  
 9 required to validate whether such approaches to stimulate UPS-mediated TDP-43 degradation are  
 10 clinically feasible.

11

12 **Table 2. Studies of genetic enhancement of TDP-43 protein clearance in cell and animal**  
 13 **models of TDP-43 proteinopathy.** Summary of target selection and treatment conditions for the  
 14 application of proteostasis-enhancing gene therapies in TDP-43 disease models, with an evaluation  
 15 of therapeutic efficacy and validation for target engagement and pathway activation. Abbreviations:  
 16 1°, primary; AAV, adeno-associated virus; Baf-A1, bafilomycin-A1; CTF, C-terminal fragment; FL,  
 17 full-length; HSP, heat-shock protein; KD, knock-down; KO, knock-out; NFκB, nuclear factor kappa-  
 18 light-chain-enhancer of activated B cells; NMJ, neuromuscular junction; NSC, neural stem cell;  
 19 siRNA, small interfering ribonucleic acid; WT, wild-type.

Gene	Target	Model	Treatment	Pathway interaction	Effect	Ref.
<b>Ubiquitin-proteasome system</b>						
Ubiquitin	Overexpr. of ubiquitin	Neuro2A cells expr. TDP-43 <sup>Q40L</sup> or UBQLN2 <sup>429H</sup>	Co-transfection with pCMV-ubiquitin	↓ Ub pool, ↑ UPS function (chymotrypsin-like assay)	↓ % cells with cytoplasmic mutant TDP-43 inclusions	(Picher-Martel et al., 2019)
Ubiquitin-2	Overexpr. WT UBQLN2	H4 neuroglia cells, expr. FL TDP-43 or CTF	Co-transfection with UBQLN2 for 24h	No analysis of UPS activity with UBQLN2 overexpression	↓ FL TDP-43 and CTF levels	(Cassel and Reitz, 2013)
Znf179 E3 ubiquitin ligase	Stable expr. Znf179	Neuro2A cells expr. myc-TDP-43, 48h	Stable expression of GFP-mZnf179	↑ 26S proteasome activity, ↑ expr. 19S and 20S subunits, ↑ TDP-43 polyubiquitination	↓ insoluble TDP-43, ↓ aggregate formation, ↓ half-life of endog. TDP-43 and exog. hTDP-43.	(Lee et al., 2018)
Praja 1 RING-finger E3 ubiquitin ligase	Overexpr., PJA1	Rat NSC-derived neuron and mouse facial neurons <i>in vivo</i> expr. WT TDP-43 and CTFs	AAV transduction with PJA1, 24h	↑ association of PJA1 with TDP-43 CTFs and E2 ubiquitin conjugating enzyme, UBE2E3. Showed increased ubiquitination of TDP-43 CTFs, but no analysis of global UPS activity.	↓ insoluble TDP-43 WT and CTFs, ↓ TDP-43 phosphorylation and aggregate formation. No change in neuronal survival	(Watabe et al., 2020)
USP14	USP14 inactivation	HEK293 cells expr. WT TDP-43	Co-transfection inactive mutant USP14, 48h	No validation of proteasomal activity reported.	No change in total TDP-43 levels.	(Ortuno et al., 2019)
scAAV2/9 VH7Vk9 scFv (Single-chain antibody against RRM1 of TDP-43)	TDP-43 antibody	TDP-43 <sup>Q40L</sup> mice; TDP-43 <sup>Q133T</sup> mice	10 <sup>10</sup> IC <sub>50</sub> intracortical or <sup>10</sup> IC <sub>50</sub> intrathecal injection AAV encoding VH7Vk9, for 2 or 4 months	Antibodies partially colocalised with ubiquitin. LC3 in HEK293. Stimulated K48 or K63 polyubiquitination of TDP-43. Autophagy blocker (BafA1) or proteasome inhibitor (MG132) showed ALP- and UPS-dependent degradation.	Both: ↓ insoluble & total cyto TDP-43 levels, ↑ nuclear:cyto ratio TDP-43. TDP-43 <sup>Q40L</sup> : ↓ cognitive decline. TDP-43 <sup>Q133T</sup> : ↓ motor decline, ↓ NMJ denervation, no change neuron survival, ↑ TDP-43 splicing function	(Pozzi et al., 2019)
<b>Autophagy-lysosome pathway</b>						
IκB-SR (super-repressor)	Repression of NF-κB	TDP-43 <sup>Q133T</sup> or TDP-43 <sup>Q40L</sup> mice	Neuron-specific expression of IκB-SR	↓ binding of Beclin-1 by Bcl-2 to induce autophagy; ↑ LC3b, ↑ Atg5 (spinal cord)	↓ TDP-43 cytoplasmic:nuclear ratio, ↓ insoluble TDP-43 <sup>Q133T</sup> but not TDP-43 <sup>Q40L</sup> ; ↑ soluble TDP-43, ↑ neuron survival, ↑ motor performance	(Dutta et al., 2020)
C9ORF72	Overexpr. WT C9ORF72	Primary mouse cortical neurons expr. TDP-43 <sup>Q40L</sup>	Transfection with HA-C9ORF72 plasmid	No validation of autophagic flux enhancement – but C9ORF72 siRNA impaired ↓ basal and Torin-enhanced autophagic flux	↓ % cells with TDP-43 inclusions by ~80%	(Snelier et al., 2016)
HDAC6	Overexpr. WT HDAC6	Neuro2A cells expr. WT or mutant TDP-43 <sup>Q40L</sup> -GFP. <i>Drosophila</i> expr. hTDP-43ATXN2 <sup>20Q</sup>	Neuro2A: Stable HDAC6 expression. <i>Drosophila</i> : constitutive HDAC6 expr. (UAS-HDAC6)-TDP-43-ATXN2 strains.	↑ LC3-II and -I accumulation, but no lysosomal degradation blocker applied. Later, Baf-A1 treatment confirmed HDAC6-mediated degradation dependent on ALP.	Neuro2A: ↓ insoluble endog. TDP-43 levels, ↑ exog. WT TDP-43-GFP. <i>Drosophila</i> : ↓ polyubiquitylated aggregates in brain, ↑ climbing ability, ↑ lifespan.	(Lee et al., 2020)
<b>Heat shock response</b>						
HSF-1	Overexpr. WT or active HSF-1 <sup>Δ221-318</sup> L305E	NSC34 cells expr. mutant TDP-43 <sup>Q40L</sup> -K49Q, 24h	Transfected WT or active HSF-1 variant, 48h	↑ HSP40 and HSP27. Recruitment of HSP40 to TDP-43 aggregates	↓ insoluble phos. mutant TDP-43 levels, ↓ TDP-43 inclusions, prevented by KD HSP40 or HSP27 or proteasomal/autophagy blockade.	(Wang et al., 2017)
	Stable expr. WT HSF-1	SH-SY5Y cells treated 10μM MG132 to induce insoluble TDP-43	Stable expression WT HSF-1	↑ HSP70 and HSP90 levels, without increasing proteasomal activity, yet ↓ autophagy	↓ TDP-43 insolubility and fragmentation, ↓ TDP-43 CTF-associated toxicity. Effect prevented by HSK-1 KO or HSP70 inhibition	(Lin et al., 2016)
	Overexpr. WT HSF1	Rat neural stem cell-derived neuron expr. WT TDP-43 and CTFs	Adeno-associated viral transduction HSF1, 24h	Praja-1 found upregulated in HSF1 AAV genetic screen, top candidate suppressing TDP-43. No analysis proteasomal or autophagic degradation	↓ insoluble TDP-43 WT and CTFs, ↓ phos. TDP-43	(Watabe et al., 2020)
	Overexpr. WT or active HSF1	HEK293 SH-SY5Y; rat 1° neurons expr. TDP-43 WT, ΔNLN, M337V or Q337K	Co-transfection HSF1, 48h	No analysis proteasomal or autophagic degradation, but identified DNAJB2a (HSP40) as mediator of HSF1 effect.	HEK293/SH-SY5Y: ↓ insoluble TDP-43 levels, ↑ phos. TDP-43, ↑ cell survival. Rat neurons: ↓ TDP-43 mislocalisation, ↑ phos.	(Chen et al., 2016)
DNAJB2a	Overexpr. WT DNAJB2a	Rat NSC-derived neuron expr. WT TDP-43 and CTFs	Adeno-associated viral transduction DNAJB2a, 24h	No further validation of mechanism.	↓ insoluble phos. CTFs, ↓ soluble total CTFs	(Watabe et al., 2020)
	Overexpr. WT DNAJB2a	HEK293 SH-SY5Y expr. WT TDP-43	Co-transfection DNAJB2a, 48h	↑ interactions with HSP70 for refolding/maintaining solubility, rather than ↓ degradation. No change proteasome activity.	↓ insoluble TDP-43 levels, no change in soluble TDP-43, ↑ cell survival, similar to HSF1 overexpr. above	(Chen et al., 2016)
CDC37	siRNA-mediated KD CDC37	Neuronal M17 cells expr. FL or cleaved TDP-43	Co-transfection with CDC37 siRNA	↑ proteolytic clearance, ↓ destabilization of TDP-43. Effect prevented by siRNA KD Beclin 1 to inhibit autophagy.	↓ TDP-43 nuclear:cytoplasmic ratio, but ↑ total TDP-43 levels.	(Unwal et al., 2012)
HSPB8	HSPB8 overexpr.	NSC34 expr. GFP-TDP-43 or -25	Co-transfection with human HSPB8 (transient, 3h)	No quantification other HSP expression/chaperone activity.	↓ FL TDP-43 and CTFs. Effect prevented by autophagy inhibitor 3-MA	(Crippa et al., 2016)
HSPB8	HSPB8 overexpr.	NSC34 cells, transfected with FL TDP-43 or CTF	Co-transfection with human HSPB8 (transient, 3h)	↑ GFP-LC3 turnover. Autophagy blockade (Baf-A1) prevented HSPB8-induced clearance insoluble TDP-43.	↓ Soluble and insoluble TDP-43 CTFs, but not FL TDP-43.	(Crippa et al., 2010)
DNAJB1	DNAJB1 (Hsp40) overexpr.	1° rodent neurons expr. TDP-43 WT or A315T	Co-transfection with DNAJB1	No validation of target mechanism in neurons, but showed overexpr. Sis1 (DNAJB1 homologue) in yeast increased degradation of UPS reporter protein (CG <sup>+</sup> )	↓ TDP-43 toxicity, but not WT TDP-43 or mutant TDP-43 <sup>Q133T</sup> levels	(Park et al., 2017)

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22

### 23 3.2 The role of the autophagy-lysosome pathway in TDP-43 pathology

24 Autophagy is a process of ‘cellular self-digestion’ that involves the formation of double-membraned  
 25 autophagosomes that engulf abnormal proteins or damaged organelles and fuse with degradative  
 26 lysosomes containing acidic proteases that destroy the internalised cargo (Finkbeiner, 2020). While

1 the ALP operates constitutively at basal levels for bulk catabolism of intracellular material, selective  
2 autophagy may be activated under severe disruptions to proteostasis to degrade specific  
3 polyubiquitinated substrates (Finkbeiner, 2020; Lim et al., 2015). Common targeting mechanisms,  
4 substrate selection, and cargo receptor proteins between the UPS and ALP allow for redundancy,  
5 competition, and compensation between these systems. Ubiquitinated TDP-43 inclusions bound to  
6 cargo receptor proteins, p62 and UBQLN2, can be directed towards either the UPS or ALP (Zientara-  
7 Rytter and Subramani, 2019). The detection of K48-linked polyubiquitin chains on cytoplasmic TDP-  
8 43 inclusions suggests that a failure of degradation by the UPS and further ubiquitination with K63-  
9 linked chains targets substrates towards the ALP (Lee et al., 2019; Pohl and Dikic, 2019; Scotter et  
10 al., 2014).

11  
12 ALP dysfunction has been identified alongside TDP-43 pathology in ALS and FTD patient tissue with  
13 accumulation of stalled non-degradative autophagic vesicles (Sasaki, 2011) and co-aggregation of  
14 ALP machinery components with TDP-43 inclusions (Lee et al., 2019). It is likely that TDP-43 species  
15 are substrates of the ALP, as dysfunction or inhibition of this pathway causes an accumulation of  
16 pathological TDP-43. Indeed, small molecule inhibition of the ALP leads to the mislocalisation and  
17 accumulation of full-length TDP-43 (Caccamo et al., 2009; Wang et al., 2010), along with the  
18 persistence of endogenous and exogenous 35- and 25-kDa TDP-43 CTFs (Cicardi et al., 2018; Huang  
19 et al., 2014) and the formation of cytoplasmic inclusions (Kim et al., 2009). Blocking autophagy  
20 prevented the final dissolution of disassembled TDP-43 inclusions, suggesting that TDP-43 oligomers  
21 are also substrates for the ALP (Scotter et al., 2014). This is supported by exogenous delivery of  
22 recombinant purified TDP-43 oligomers *in vitro* or optogenetic stimulation of TDP-43 oligomerisation,  
23 which demonstrate selective ALP-mediated uptake and degradation (Asakawa et al., 2020).  
24 Involvement of the ALP in TDP-43 oligomer clearance is supported by the finding that co-application  
25 of UPS and ALP inhibitors together increases the level of insoluble high-molecular-weight TDP-43  
26 species, which is not achieved by UPS inhibition alone (Scotter et al., 2014). Combined, these studies  
27 show that multiple TDP-43 species (mislocalised, misfolded, oligomeric, inclusions) are substrates of  
28 the ALP, and that ALP dysfunction is therefore likely to be a key pathomechanism that drives TDP-43  
29 pathology in ALS and FTD.

30  
31 In familial ALS and FTD, inherited mutations in genes encoding ALP components that play dual roles  
32 with the UPS, including *UBQLN2*, *p62/SQSTM1*, *VCP*, and *TBK1*, or are unique to the ALP, such as  
33 *OPTN*, *GRN*, and *TMEM106B*, directly cause ALP dysfunction, likely upstream of TDP-43 pathology.  
34 ALS- and FTD-associated *UBQLN2* mutations impair the association with autophagy proteins mATG9  
35 and ATG16L1, thus causing accumulation of polyubiquitinated TDP-43 and other proteins (Osaka et  
36 al., 2016). Autophagic degradation capacity may also be impaired by loss of functional *UBQLN2*, as  
37 *UBQLN2* knock-out was associated with a reduction in autophagosome acidification, along with the  
38 expression of ATP6v1g1, a critical subunit of the vacuolar ATPase that is required for maintaining  
39 lysosome acidification and fusion with autophagosomes (Wu et al., 2020). Similar to the disruption



1 caused to the UPS, disease-linked mutations in *SQSTM1*, encoding p62, also impair the binding and  
2 recruitment of ubiquitinated substrates to disrupt selective autophagy, promoting the aggregation of  
3 p62 and TDP-43 (Fecto et al., 2011; Le Ber et al., 2013; Rubino et al., 2012; van der Zee et al., 2014).  
4 Likewise, as mentioned in Section 2.4, *VCP* mutations in FTLD-TDP patients and animal models  
5 cause neuronal intranuclear TDP-43 inclusions in some cases that are intranuclear (Neumann et al.,  
6 2007; Wani et al., 2021). However, other studies in mice and iPSC-derived motor neurons expressing  
7 mutant *VCP* demonstrate TDP-43 mislocalisation and cytoplasmic inclusion formation (Ayaki et al.,  
8 2014; Badadani et al., 2010; Harley et al., 2021). This is concomitant with a loss of soluble nuclear  
9 TDP-43 and accumulation of non-degradative autophagosomes (Ju et al., 2009). In ALS patients,  
10 *OPTN* mutations correlate with autophagic vacuole formation and TDP-43 pathology (Kurashige et  
11 al., 2021), which is replicated in cells that demonstrate impaired autophagosome-lysosome fusion  
12 (Shen et al., 2015; Sundaramoorthy et al., 2015). Furthermore, ALS-associated *TBK1* loss-of-function  
13 mutations prevent the phosphorylation of *OPTN* and p62/*SQSTM1*, thereby impeding their activation  
14 and impairing autophagosome formation and cargo recruitment (Cirulli et al., 2015). Mutations in  
15 *PGRN* cause both sporadic and familial FTD with TDP-43 pathology (Le Ber et al., 2007), likely due  
16 to impaired lysosomal acidification and thus selective autophagic degradation, leading to the  
17 accumulation of non-degradative lysosomes (Chang et al., 2017; Elia et al., 2019; Tanaka et al., 2017).  
18 Single nucleotide polymorphisms in *TMEM106B* also increase the risk for FTD of *GRN* mutation  
19 carriers, as well as the risk of ALS (Feng et al., 2020; Werner et al., 2020). Depletion of *TMEM106B*  
20 exacerbates cytoplasmic TDP-43 aggregation in cells and mice, and worsens life span and motor  
21 deficits, which coincides with reduced autophagic degradation (Feng et al., 2020; Mao et al., 2021;  
22 Werner et al., 2020). Taken together, mutations in ALP genes that result in the dysfunction of cargo  
23 recognition and substrate delivery (*UBQLN2*, *p62/SQSTM1*, *OPTN*, *TBK1*), autophagosome  
24 maturation (*VCP*) and lysosome-mediated degradation (*GRN* and *TMEM106B*), functions which also  
25 cross-talk with the UPS, converge on TDP-43 aggregation.

26

### 27 **3.2.1 TDP-43 pathology induces ALP impairment**

28 TDP-43 pathological species impair or evade detection by the ALP by sequestering substrate  
29 recognition proteins into TDP-43 inclusions, as discussed for components shared with the UPS. The  
30 internalisation of exogenous full-length TDP-43 inclusions in NSC-34 cells does not alter the  
31 expression of the autophagy markers p62 or LC3, indicating that the ALP may not be effectively  
32 induced upon exposure to pre-formed TDP-43 inclusions (Cascella et al., 2017). However, high levels  
33 of 25-kDa TDP-43 CTF expression in transgenic mice may reduce autophagy induction (Caccamo et  
34 al., 2015), and the expression of 25-kDa TDP-43 in NSC-34 cells impairs overall autophagic flux,  
35 (Cicardi et al., 2018). Furthermore, the expression of TDP-43<sup>A315T</sup> in SH-SY5Y neuroblastoma cells  
36 causes an accumulation of autophagosomes and lysosomes (Wang et al., 2015b). The sequestration  
37 of p62 (Hiji et al., 2008; Mizuno et al., 2006; Wang et al., 2017) and LC3 into TDP-43 inclusions (Kim  
38 et al., 2009; Liu et al., 2017; Wang et al., 2010) suggests that dysfunction might occur at the earliest  
39 stages of the ALP, including cargo recognition, substrate delivery, and phagophore formation.

1  
2 The formation of TDP-43 pathology also induces a loss of endogenous DNA-/RNA-binding function  
3 which negatively affects the splicing, stability, metabolism, transcription, and translation of thousands  
4 of mRNA targets (Bhardwaj et al., 2013), notably including the ALP genes *ATG4B*, *ATG7*, and  
5 *RPTOR*. RNA sequencing of ALS patient brain tissue, mouse embryonic stem cells, and HeLa cells  
6 lacking functional TDP-43 has demonstrated elevated levels of TDP-43-regulated cryptic exons in  
7 *ATG4B* mRNA (Ling et al., 2015; Torres et al., 2018). *ATG4B* protein is important for the cleavage  
8 and conjugation of LC3 onto the autophagosomal membrane. However, *ATG4B* cryptic exons truncate  
9 the protein upstream of important phosphorylation sites for autophagy activation, leading to impaired  
10 autophagosome formation which correlates with more severe ALS phenotypes (Torres et al., 2018).  
11 Similarly, knock-down of TDP-43 in Neuro-2a, NSC-34, and NIH3T3 cells decreases the levels of both  
12 the mRNA and protein of *ATG7*, essential for autophagosome biogenesis, and increases the  
13 abundance of polyubiquitinated proteins (Bose et al., 2011). TDP-43 also regulates the expression of  
14 raptor, a component of the mammalian target of rapamycin complex-1 (mTORC1) that inhibits the  
15 nuclear translocation of transcription factor EB (TFEB), a master ALP transcription factor (Xia et al.,  
16 2016). Knock-down of TDP-43 in neuronal cells has been shown to promote raptor-deficiency-  
17 mediated mTORC1 dysfunction, thereby stimulating autophagosome and lysosome biogenesis, but  
18 simultaneously downregulating dynactin-1, which impairs maturation, transport, and fusion to stall  
19 autophagic flux (Xia et al., 2016). These findings indicate that TDP-43 is not only a substrate of ALP  
20 protein clearance, but also regulates the expression of important ALP proteins and autophagic flux in  
21 cells. In disease, TDP-43 loss of function is likely initiated from early processes of aggregation, through  
22 its nuclear depletion and the generation of pathological species by cytoplasmic mislocalisation and  
23 misfolding. Therefore, the formation and persistence of pathological TDP-43 species may further  
24 impair protein clearance capacity of the ALP, which could result in a vicious cycle that exacerbates  
25 protein aggregation and proteostasis dysfunction, to drive neurodegeneration. Future research should  
26 investigate whether other proteostasis components are susceptible to TDP-43 loss of function, and  
27 how other pathological species may interfere with these pathways.

28

### 29 **3.2.2 Pharmacological activation of the ALP**

30 Pharmacological activation of the ALP is a promising strategy for the clearance of pathological TDP-  
31 43 species (**Table 1**). One approach to enhance the ALP involves using small molecule antagonists  
32 of mTOR, a master regulator of the ALP that phosphorylates transcription factors and components of  
33 the core machinery to inhibit autophagic flux (Dossou and Basu, 2019). The indirect mTOR inhibitor,  
34 rapamycin, is an established autophagy enhancer that is currently in clinical trials for ALS (Mandrioli  
35 et al., 2018). In preclinical studies, rapamycin reduced cytoplasmic TDP-43 aggregation and TDP-43-  
36 related neurodegeneration in cell, fly, zebrafish and mouse models of ALS and FTD (Caccamo et al.,  
37 2009; Cheng et al., 2015; Lattante et al., 2015; Wang et al., 2012), as well as a glaucoma-related  
38 mutant *OPTN* model with TDP-43 pathology (Zhang et al., 2021). One conflicting study in *SOD1*-ALS  
39 mice suggested that rapamycin may have no beneficial effect on *SOD1* pathology, and instead



1 exacerbate neurodegeneration (Zhang et al., 2011). mTOR-independent autophagy enhancers such  
2 as trehalose, lithium (Scotter et al., 2014), fluphenazine, metratrimprazine, N-chlorophenoxazine  
3 (Barmada et al., 2014), withaferin-A (Kumar et al., 2021), valproate (Wang et al., 2015a) and  
4 tubastatin-A (Fazal et al., 2021) have also shown success in combatting pathology in TDP-43 models  
5 to ameliorate neurotoxicity. However, the therapeutic efficacy of mTOR-independent mechanisms  
6 remains controversial – stimulating autophagy with rilmenidine increased the clearance of disease-  
7 associated aggregate proteins but did not slow disease progression in mutant SOD1<sup>G93A</sup> or TDP-  
8 43<sup>Q331K</sup> mice, an outcome which was attributed to excessive stimulation of mitophagy (Perera et al.,  
9 2018; Perera et al., 2021).

10  
11 Overall, pharmacological activation of autophagy to increase TDP-43 protein degradation is a  
12 promising therapeutic strategy. However, some concerns in relation to target selection, deleterious  
13 outcomes in rodent ALS models, and multiple caveats in the studies performed have hindered its  
14 clinical application. mTOR is a broad upstream regulator of multiple metabolic processes, so mTOR  
15 inhibition could activate signalling cascades that trigger diverse off-target effects (Dossou and Basu,  
16 2019). Of these, mTOR inhibition is thought to generally stimulate ALP gene expression, which may  
17 promote early autophagosome formation or lysosome biogenesis, but the effect on the entire pathway  
18 is unclear (Dossou and Basu, 2019). Achieving efficient ‘autophagic flux’, which reflects the rate of  
19 flow through the entire pathway from substrate recruitment to degradation, relies not only on  
20 biogenesis but also transport, maturation/fusion, and degradation of autophagic vesicles (Loos et al.,  
21 2014). Therefore, enhancement of the autophagy initiation steps by rapamycin may increase  
22 autophagosome formation but reach a “bottleneck” at which the rate-limiting steps of maturation and  
23 degradation result in a toxic accumulation of autophagic vesicles and cargo (Button et al., 2017). This  
24 could explain the lack of therapeutic efficacy or deleterious effects of these autophagy-enhancing  
25 drugs and indicates that more targeted approaches are needed to specifically upregulate rate-limiting  
26 steps in the ALP. High throughout screening approaches, using libraries of small molecule autophagy  
27 inducers to identify compounds that decrease toxicity caused by TDP-43 (Safren et al., 2021), hold  
28 promise for revealing better candidates for further pre-clinical and clinical development for TDP-43  
29 proteinopathies.

30

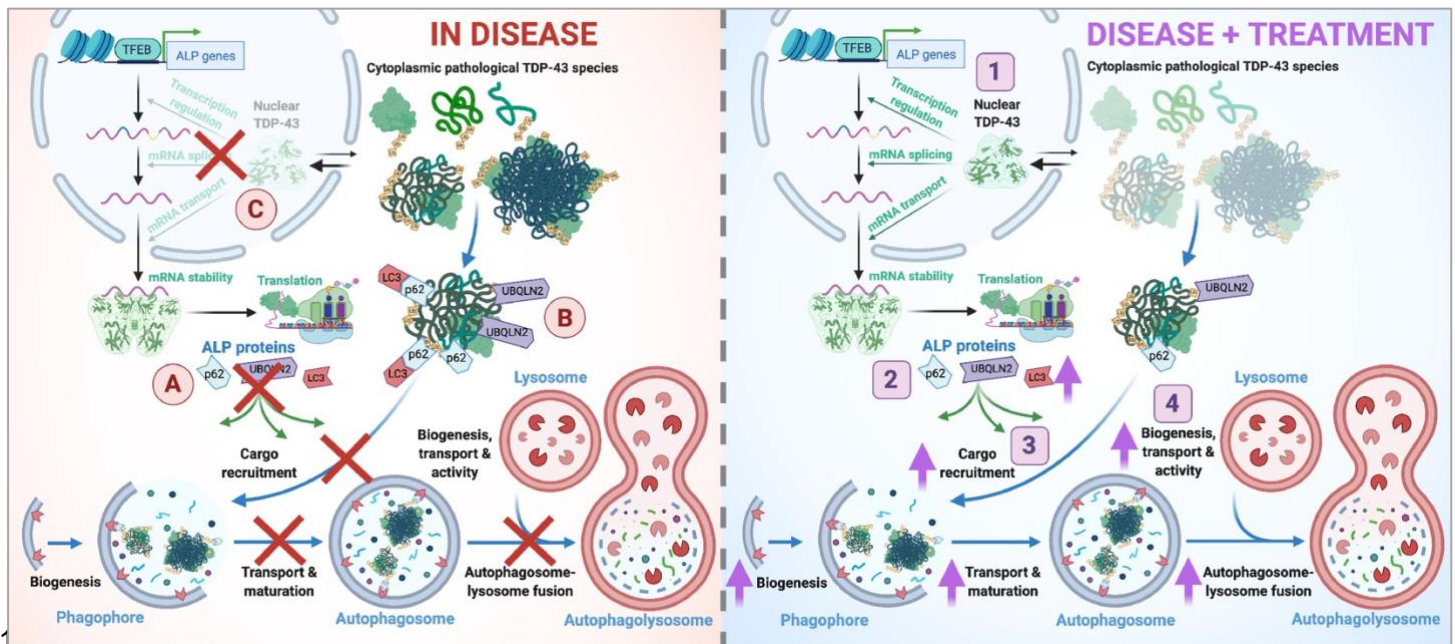
### 31 **3.2.3 Genetic enhancement of the ALP**

32 Genetic approaches to enhance autophagic flux involving over-expression of ALP components have  
33 been applied in cell culture and *in vivo* models of TDP-43-related ALS and FTD (**Table 2**). In two  
34 mutant TDP-43 mouse models (A315T and G348C), neuron-specific expression of IκB-SR, a super-  
35 repressor of nuclear factor-κB (NFκB) signalling, activated autophagy and decreased insoluble mutant  
36 TDP-43 protein in spinal cord tissue by almost 50% (Dutta et al., 2020). In a TDP-43/ATXN2<sup>32Q</sup>  
37 *Drosophila* model of human TDP-43 proteinopathy, over-expression of HDAC6 decreased  
38 polyubiquitinated aggregates in brain tissue, rescued climbing deficits, and increased lifespan from 15  
39 to 21 days (Lee et al., 2020). This effect was blocked by the application of the lysosomal ATPase

1 inhibitor, bafilomycin-A1, suggesting that the HDAC6-mediated reduction of TDP-43 was dependent  
2 on the ALP (Lee et al., 2020). Alternatively, TDP-43 degradation can be promoted by restoring or  
3 enhancing the function of ALP proteins impaired by ALS- and FTD-causing mutations. For example,  
4 it has been reported that siRNA-mediated depletion of endogenous *C9ORF72*, which is thought to be  
5 involved in the autophagy initiation complex (Ho et al., 2019), impairs basal and Torin-induced  
6 autophagic flux, leading to the aggregation of TDP-43 and p62 proteins in primary neuronal cultures,  
7 which was significantly rescued by subsequent over-expression of wild-type *C9ORF72* (Sellier et al.,  
8 2016).

9  
10 To avoid the pitfalls of previous autophagy-modulating therapeutic approaches, further research is  
11 warranted to investigate compounds or genes that individually modulate rate-limiting processes within  
12 the ALP, especially downstream of autophagosome formation. Recent research has shown that  
13 specifically modulating the activity of specialised cargo adaptors and autophagosome tethering  
14 molecules facilitates greater internalisation and subcellular shuttling of autophagy cargoes as well as  
15 lysosomal fusion (Loos et al., 2019; Wetzel et al., 2020; Zellner et al., 2021). For example, artificial  
16 tethering of LC3 and p62 targeted to the endoplasmic reticulum or Golgi apparatus successfully  
17 recruited endogenous LC3 and p62 to those organelles (Loos et al., 2019), a strategy which could be  
18 adapted to direct subcellular targeted TDP-43 degradation via the ALP. Additionally, over-expression  
19 of the ATG5-interacting TECPR1 promotes ubiquitinated aggregate clearance in neural cells by direct  
20 recruitment of LC3C autophagosomes to lysosomes (Wetzel et al., 2020). Previous work has shown  
21 that TDP-43 inclusions in ALS and FTD correlate with significant down-regulation of TECPR1 in  
22 neurons, indicating that stimulation of TECPR1 may influence TDP-43 degradation (Wu et al., 2019).  
23 It may also be beneficial to focus on enhancing the specific interaction between substrate TDP-43 and  
24 the ALP machinery, for example with a TDP-43-targeted intrabody approach (Pozzi et al., 2019;  
25 Tamaki et al., 2018). Modulating each of these steps with a combinatorial approach may lead to the  
26 development of 'polytherapies' to provide a synergistic effect on ALP flux and the removal of  
27 pathological TDP-43 species. Multiple critical junctures within the ALP that determine autophagic  
28 degradation capacity may be dysfunctional throughout disease, presenting opportunities for  
29 therapeutic intervention (**Figure 3**). Indeed, treatments that restore or enhance compromised ALP  
30 processes may lead to the beneficial removal of pathological TDP-43 species to effectively combat  
31 neurodegeneration.

32



2 **Figure 3.** A model of dysfunction of the autophagy-lysosome pathway in TDP-43  
 3 **proteinopathies, and effects of treatment strategies to increase overall autophagic degradation**  
 4 **capacity.** In **DISEASE**, dysfunction of the ALP likely facilitates the formation and persistence of  
 5 multiple pathological TDP-43 species. The ALP may be impaired due to **(A)** disease-associated  
 6 mutations in ALP genes, **(B)** sequestration of functional ALP components by insoluble TDP-43  
 7 inclusions, and **(C)** dysfunction of TDP-43-dependent ALP gene expression. Effective **TREATMENT**  
 8 strategies could restore and enhance ALP-mediated degradation of TDP-43 by **(1)** increasing the  
 9 overall expression of essential ALP genes, **(2)** replenishing functional components of the pathway that  
 10 harbour disease-associated mutations or are depleted by TDP-43 pathology formation, **(3)** facilitating  
 11 delivery of ubiquitinated protein substrates, and/or **(4)** enhancing the biogenesis, transport and activity  
 12 of degradation machineries. Schematic figure created with *BioRender*.

### 15 3.3 The role of the heat-shock response in TDP-43 pathology

16 The HSR induces rapid expression of molecular chaperones known as HSPs in response to a wide  
 17 variety of physical or environmental stressors, such as disruption of proteostasis via aberrant protein  
 18 aggregation. The primary mediator of HSP transcription, heat-shock factor 1 (HSF1), integrates these  
 19 proteotoxic stress signals following trimerisation to become transcriptionally active, and binds heat  
 20 shock elements in promoter regions of target genes for HSR gene transcription (Mathew et al., 2001).  
 21 Protein misfolding can be directly inhibited or reversed by HSPs, and HSPs can shuttle misfolded  
 22 proteins to other proteostasis pathways, such as the UPS or ALP (San Gil et al., 2017).

24 Evidence of HSP dysregulation in ALS cases with TDP-43 pathology suggests the involvement of this  
 25 pathway in disease pathogenesis. For example, HSPB1, HSP70, and HSP40 are decreased in  
 26 sporadic ALS spinal cord tissue, despite no change in HSF1 levels (Chen et al., 2016; Gorter et al.,  
 27 2019). Furthermore, the colocalisation of HSP40 with pathological TDP-43 inclusions at end-stage  
 28 suggests that chaperones are recruited directly as a clearance mechanism and are possibly  
 29 sequestered into the inclusion (Wang et al., 2017). However, as there are ~100 human HSPs, a  
 30 comprehensive understanding of HSP expression levels in ALS and FTD tissues is lacking. Some  
 31 work has suggested that motor neurons have a relatively high threshold for HSR induction compared

1 to surrounding non-neuronal cell types. For example, neurons do not up-regulate HSP70 after heat-  
2 shock due to an inability to activate HSF1 (Batulan et al., 2003). Alternatively, neurodegenerative  
3 disease-associated pathogenic proteins may impair or evade detection by the HSR in neurons (San  
4 Gil et al., 2020; Yamashita et al., 2007).

5  
6 In rare cases, mutations in HSPs are causative of familial ALS and may directly impact proteostasis.  
7 Multiple protein truncation variants of the HSP gene *DNAJC7* confer increased risk of ALS and  
8 decrease *DNAJC7* protein levels in brain tissue of *DNAJC7*-ALS cases (Farhan et al., 2019). The  
9 *DNAJC7* mutations have been hypothesised to exacerbate proteostasis imbalance (Farhan et al.,  
10 2019), although this remains to be experimentally validated and the relationship with TDP-43  
11 pathology remains unclear.

12  
13 Inhibiting the HSR recapitulates TDP-43 pathology, providing further evidence for a role of the HSR  
14 in clearing misfolded TDP-43 species and CTFs, and preventing the accumulation of oligomers or  
15 large inclusions. For example, treatment of HEK293 cells with an HSF1 inhibitor, KRIBB11, stimulates  
16 the formation of TDP-43 aggregates following oxidative stress or heat-shock (Chang et al., 2013).  
17 Pharmacological inhibition of HSP90 and CRISPR knock-out of *STI1* in Neuro-2a and neuronal SN56  
18 cells also increases TDP-43 insolubility, misfolding, cytoplasmic puncta, and toxicity (Lin et al., 2020).  
19 Knock-down of *HSP70* or *HSP90* also leads to the accumulation of TDP-43 CTFs (Zhang et al., 2010).  
20 Further, inhibition of the HSR by expressing a dominant-negative mutant HSF1 increases insoluble  
21 TDP-43, phospho-TDP-43, and the number of inclusions formed in cells (Chen et al., 2016; Wang et  
22 al., 2017). *DNAJB2* (*HSJ1a*) has been identified as a potent anti-aggregation chaperone for TDP-43,  
23 which is upregulated by HSF1 expression (Chen et al., 2016; Coyne et al., 2017). Furthermore, the  
24 nucleation and oligomerisation of TDP-43 induced by casein kinase II-dependent phosphorylation  
25 triggers the HSR and requires HSP90 to maintain misfolded TDP-43 in the soluble state for later  
26 clearance, disassembly, or refolding (Carlomagno et al., 2014). Together, these studies demonstrate  
27 that the HSR is involved in the cellular response to misfolded TDP-43, CTFs, oligomers, and  
28 inclusions.

### 30 **3.3.1 TDP-43 pathology induces HSR impairment**

31 TDP-43 pathology itself may impair HSR function directly, for example by co-aggregation with HSP70  
32 (Wang et al., 2017). In addition, aggregation of TDP-43 could also lead to sequestration of mRNA and  
33 inhibition of the translation of the synaptic HSC70-4 (*HSPA8*) chaperone complex, thereby disrupting  
34 HSP activity at the neuromuscular junction (Coyne et al., 2017). These studies therefore suggest  
35 multiple avenues for direct and indirect impairment of the HSR in TDP-43 proteinopathies.

### 37 **3.3.2 Pharmacological activation of the HSR**

38 The effect of pharmacological activation of the HSR on TDP-43-related neurodegeneration is currently  
39 under investigation (**Table 1**), primarily through two classes of therapeutics: 1) activators of HSF1 and



1 downstream products of the HSR, and 2) antagonists of the HSF1 inhibitory complex. Enhancing  
2 HSF1 activity by arimoclomol treatment in mutant VCP mice has been shown to increase HSP70  
3 expression and subsequently inhibit the accumulation of ubiquitin and cytoplasmic TDP-43, preventing  
4 motor decline (Ahmed et al., 2016). In recent human phase 2/3 clinical trials in rapidly progressive  
5 *SOD1*-ALS, arimoclomol did not show therapeutic efficacy, but promising preclinical studies in TDP-  
6 43 models indicate that this approach could be effective in TDP-43 proteinopathies (NCT00706147)  
7 (Benatar et al., 2018). Downstream of HSF1, stimulation of endogenous HSPB8 expression by  
8 colchicine and doxorubicin in human neuroblastoma SH-SY5Y cells expressing full-length TDP-43 or  
9 25-kDa CTFs almost completely eliminated cytoplasmic TDP-43 aggregation (Crippa et al., 2016). It  
10 was noted, however, that both drugs activated the autophagy master regulator gene, TFEB, thereby  
11 inducing p62/SQSTM1 and LC3, which may actually mediate autophagic degradation independent of  
12 HSR chaperone activity (Crippa et al., 2016).

13  
14 Other downstream approaches have targeted HSP90, which forms part of a multi-chaperone complex  
15 that stabilises and protects protein substrates from cleavage when bound to CDC37, but promotes  
16 degradation upon depletion or dissociation of CDC37 (Siligardi et al., 2002). Allosteric inhibition of the  
17 HSP90/CDC37 chaperone complex with celastrol (Jinwal et al., 2012), but not HSP90 ATPase  
18 inhibition with 17-AAG (Jinwal et al., 2012; Wang et al., 2017), promoted the HSR-mediated  
19 degradation of both full-length TDP-43 and its CTFs via autophagy in transfected HeLa and HEK293  
20 cells. Another study also found that 17-AAG treatment failed to suppress TDP-43 aggregation,  
21 whereas treatment with an HSF1 activator, which antagonises the HSF1 inhibitory complex, was  
22 effective against TDP-43 (Wang et al., 2017). Treatment of HEK293 cells expressing acetylation-  
23 mimic mutant TDP-43<sup>ΔNLS-K145Q</sup> with an HSF1 activator also significantly decreased TDP-43 inclusion  
24 formation. This suggests that the activation of endogenous HSF1 is sufficient to disaggregate TDP-  
25 43, although further validation of downstream HSP expression to confirm the precise mechanism of  
26 action is needed (Wang et al., 2017).

### 27 28 **3.3.3 Genetic enhancement of the HSR**

29 Genetic approaches that directly stimulate HSF1 represent a potentially effective strategy to combat  
30 TDP-43 aggregation, given that the HSR draws on the HSF1-mediated expression of a broad range  
31 of HSPs for protein refolding and degradation (**Table 2**). The over-expression of constitutively active  
32 variants of HSF1 has been shown to effectively decrease insoluble phosphorylated aggregation-prone  
33 and disease-associated mutant TDP-43 levels and/or inclusions in NSC34 (Wang et al., 2017),  
34 HEK293, and SH-SY5Y cells, and primary rat cortical neurons (Chen et al., 2016). In addition, stable  
35 expression or adeno-associated viral transduction of wild-type HSF1 also decreased insoluble levels  
36 of phosphorylated TDP-43 and CTFs in SH-SY5Y (Lin et al., 2016), and rat neural stem cell-derived  
37 neurons (Watabe et al., 2020), respectively.

38

1 Genetic approaches that upregulate expression of specific HSPs that interact with TDP-43 and directly  
2 refold or facilitate its degradation are also promising. For example, expression of HSP70, which is  
3 known to bind endogenous TDP-43, has been shown to prevent the accumulation of 35- and 25-kDa  
4 TDP-43 CTFs by facilitating their rapid presentation to the proteasome or autophagosome (Kitamura  
5 et al., 2018; Lin et al., 2016). Similar to the pharmacological approaches described above, over-  
6 expression of HSPB8 (Crippa et al., 2016; Crippa et al., 2010) or siRNA-mediated depletion of CDC37  
7 (Jinwal et al., 2012) in TDP-43-expressing NSC-34 or neuronal M17 cells, respectively, promoted the  
8 clearance of full-length TDP-43 and CTFs. Over-expression of DNAJB2a also provides a decrease in  
9 insoluble total TDP-43 levels in HEK293 and SH-SY5Y cells (Chen et al., 2016), and a reduction of  
10 insoluble phosphorylated CTFs in rat neural stem cell-derived neurons (Watabe et al., 2020), with a  
11 beneficial effect on cell survival. Over-expression of DNAJB1 also reduces TDP-43 toxicity, however,  
12 without providing any change in wild-type or disease-associated mutant TDP-43 levels in primary  
13 rodent cortical neurons (Park et al., 2017).

14  
15 Notably, over-expression of engineered HSP disaggregases, such as HSP104, with modifications to  
16 their nucleotide-binding- and middle-domains can overcome the restraints of endogenous HSR  
17 regulation, providing a therapeutic gain of function to specifically target and antagonise TDP-43  
18 misfolding and aggregation (Jackrel et al., 2014; Jackrel et al., 2015; March et al., 2020; Tariq et al.,  
19 2019; Tariq et al., 2018). HSP104, interacting with HSP70 and HSP40, may mediate selective  
20 unfolding of toxic protein conformations but leave benign aggregates structures intact, thereby  
21 restoring some function of the protein upon refolding to the native state, rather than stimulating protein  
22 degradation (Jackrel et al., 2014). Co-expression of potentiated prokaryotic HSP104 variants with  
23 TDP-43 effectively disassembled pre-formed TDP-43 fibrils to suppress TDP-43 aggregation and  
24 toxicity in yeast (Jackrel et al., 2014; Tariq et al., 2019; Tariq et al., 2018). This toxicity-reducing effect  
25 of potentiated HSP104 has been replicated with its eukaryotic homologs in yeast (March et al., 2020);  
26 however, further research is warranted to assess their therapeutic potential in disease-relevant *in vitro*  
27 neuronal systems and *in vivo* models.

28  
29 Overall, the therapeutic strategy of activating HSF1 or overexpressing HSPs in the CNS  
30 neurodegenerative disease is promising. However, the regulation of HSR induction *in vivo* is complex  
31 and induction varies in a cell-type- and stress-type-dependent manner. Future research into the  
32 mechanisms that repress HSR induction in the CNS, and identifying the HSPs that are most  
33 efficacious in targeting pathological forms of TDP-43 and extending neuronal survival will be important  
34 for therapeutic targeting of the HSR in ALS and FTD.

35  
36

### 37 **3.4 The role of chaperone-mediated autophagy in TDP-43 pathology**

38 In contrast to the ALP or conventional 'macroautophagy', CMA involves the chaperone-dependent  
39 selection and targeting of soluble cytosolic proteins directly to lysosomes. This type of autophagy is



1 unique in that specific proteins are targeted for degradation, but vesicle formation for cargo uptake  
2 and transport is not required, since substrates are directly translocated across the lysosome  
3 membrane for acidic protease degradation (Cuervo and Wong, 2014; Kaushik and Cuervo, 2018).  
4 The chaperone heat-shock cognate protein 70 (HSC70) acts in the cytoplasm to bind substrate  
5 proteins and facilitate their translocation to lysosome-associated membrane protein type 2A  
6 (LAMP2A) proteins on the lysosomal membrane. This interaction stimulates the multimeric assembly  
7 of LAMP2A proteins to generate the translocation complex, through which substrate proteins begin  
8 unfolding and enter the lysosome. Early studies emphasised the requirement for CMA substrates to  
9 contain a specific amino acid sequence, the pentapeptide KFERQ motif, or protein damage, for  
10 detection and degradation (Kaushik and Cuervo, 2018). However, recent work has shown that the  
11 KFERQ-like motif is not necessarily required for HSC70 or LAMP2A binding to substrates (Kaushik  
12 and Cuervo, 2018). Further, most KFERQ-bearing proteins can also undergo CMA degradation during  
13 starvation, indicating that protein damage is not essential for CMA and that CMA may play a broader  
14 role in protein degradation than previously acknowledged (Kaushik and Cuervo, 2018).

15  
16 CMA was unexpectedly found to play a role in clearing pathological TDP-43 following the detection of  
17 an alternative non-canonical CMA-recognition motif, QVKKD, in the RRM1 domain of TDP-43 (Huang  
18 et al., 2014). Remarkably, ubiquitinated wild-type TDP-43, but not a mutant lacking the QVKKD  
19 sequence, was found to co-immunoprecipitate with HSC70 (Huang et al., 2014). Recently, it was  
20 shown that HSC70 expression is reduced in sporadic ALS patients with insoluble TDP-43 pathology,  
21 and that HSC70 silencing in human neuroblastoma cells directly increases TDP-43 protein levels  
22 (Arosio et al., 2020). Both endogenous and exogenous wild-type TDP-43 that is mislocalised to the  
23 cytoplasm can be cleared by CMA, as indicated by their presence within high-CMA-activity lysosomal  
24 fractions in the rat brain, together with evidence of continued CMA-specific TDP-43 degradation upon  
25 proteasomal inhibition (Ormeño et al., 2020b). CMA may also be involved in degrading misfolded  
26 TDP-43, given that inhibition of CMA via siRNA-mediated LAMP2A knock-down increases the  
27 abundance of soluble aggregation-prone mutant TDP-43 proteins (Ormeño et al., 2020b).  
28 Furthermore, the co-expression of misfolding-specific TDP-43 intrabodies with mutant TDP-43  
29 revealed that misfolded TDP-43 can be directed to and degraded by CMA. This was verified by the  
30 prevention of TDP-43 removal upon bafilomycin-A1-mediated inhibition of lysosomal proteolysis  
31 (Tamaki et al., 2018). TDP-43 CTFs are also likely degraded via CMA, as the siRNA-mediated knock-  
32 down of LAMP2A in transfected Neuro-2a cells increases the levels of endogenous 35- and 25-kDa  
33 TDP-43 CTFs (Huang et al., 2014). The unique requirements, regulation, and potential vulnerabilities  
34 of CMA in the context of the neuronal proteostasis network have not been well characterised. While  
35 few studies have investigated the involvement of CMA in neurodegenerative proteinopathies, and no  
36 clear role has been established for CMA dysfunction in TDP-43 pathology and ALS and FTD disease  
37 development, this is a topic of emerging attention.

38

### 1 3.4.1 TDP-43 pathology induces CMA impairment

2 Mutant TDP-43 can interact directly with HSC70 and LAMP2A, but also co-precipitates with the  
3 autophagy proteins p62, LC3, and the HSC70 co-chaperone, BAG3 (Ormeño et al., 2020b). However,  
4 this co-precipitation was only observed for exogenous aggregation-prone mutant TDP-43 and, to a  
5 lesser extent, exogenous wild-type TDP-43, but not endogenous TDP-43 (Ormeño et al., 2020b).  
6 Interestingly, prolonged exposure of cells to TDP-43 aggregates impairs the recruitment of LAMP2A-  
7 positive lysosomes to the perinuclear region and causes lysosomal damage, resulting in dysfunction  
8 of the CMA pathway (Ormeño et al., 2020b).

9

### 10 3.4.2 Potential for pharmacological or genetic enhancement of CMA

11 Although the links to human disease are not firmly established, these studies suggest that CMA  
12 dysfunction could promote, and be influenced by, TDP-43 pathology and ALS and FTD pathogenesis.  
13 This provides a foundation for future research to investigate whether stimulating CMA can effectively  
14 combat TDP-43 aggregation. Although there is very limited research targeting TDP-43 pathology with  
15 CMA enhancement, one study showed that expression of HSPB8, which also operates through the  
16 HSR, decreased levels of truncated TDP-43 species (Crippa et al., 2016). It is important to note that  
17 the CMA pathway shares components with multiple other degradation systems (**Figure 2**), so potential  
18 treatments that upregulate CMA may broadly enhance the function of other pathways in the neuronal  
19 proteostasis network. More research is therefore warranted to identify and apply strategies for CMA  
20 activation in disease-relevant models.

21

### 22 3.5 Response of an integrated proteostasis network to TDP-43 aggregation: caveats 23 and outstanding questions

24 The findings presented above show that TDP-43 is a substrate for key mechanisms of cellular  
25 proteostasis which work together or in isolation to degrade different pathological species involved in  
26 ALS and FTD (**Figure 2**). Notably, the various protein degradation systems share components for  
27 substrate recognition/targeting and degradation machineries, so it is likely that interactions,  
28 redundancy, compensation, or synergy between mechanisms are involved in the response to TDP-43  
29 aggregation and toxicity (Limanaqi et al., 2020). For example, inhibition of autophagy causes the  
30 accumulation and sequestration of p62, thereby depleting the available functional pool and in-turn  
31 inhibiting p62-dependent clearance via the proteasome, leading to an accumulation of UPS substrates  
32 (Korolchuk et al., 2009). Conversely, inhibition of one system could also lead to a compensatory  
33 increase in the activity of others. For example, proteasomal inhibition by MG132, or CMA inhibition by  
34 siRNA-mediated knock-down of LAMP2A, leads to increased conversion of LC3-I to LC3-II, induction  
35 of p62 expression (Huang et al., 2014), and ULK1-/2-mediated phosphorylation (Lim et al., 2015),  
36 indicating autophagy stimulation (Li et al., 2019). Likewise, progranulin deficiency impairs lysosome  
37 function but leads to elevation of autophagy and lysosome-related genes in microglia (Elia et al., 2019;  
38 Lui et al., 2016; Zhang et al., 2020). Disruption of the CDC37/HSP90 protein complex impairs the HSR  
39 but triggers autophagic clearance of TDP-43 (Jinwal et al., 2012). Finally, when active, both the

1 proteasome and autophagosome may synergistically clear polyubiquitinated TDP-43 (Urushitani et  
2 al., 2010). The application of autophagy inhibitors (such as 3-MA) or proteasome inhibitors (such as  
3 lactacystin) alone moderately prevent the the formation of cytoplasmic TDP-43 aggregates (Scotter  
4 et al., 2014; Urushitani et al., 2010). Overall, evidence degradation of polyubiquitinated wild-type and  
5 mutant TDP-43, whereas treatment with both inhibitors exacerbates for significant interactions  
6 between clearance systems demonstrates that proteostasis is executed by interconnected pathways,  
7 whereby the UPS, ALP, HSR and CMA pathways together contribute to TDP-43 accumulation and  
8 clearance. The interplay between TDP-43 aggregation and proteostasis function can be conceptually  
9 represented by a “bottleneck” model, in which the combined capacity for the clearance of TDP-43  
10 inhibits accumulation of the various pathological species, and changes in this clearance capacity that  
11 restrict or widen this bottleneck therefore influence pathology development over time (**Figure 4**).

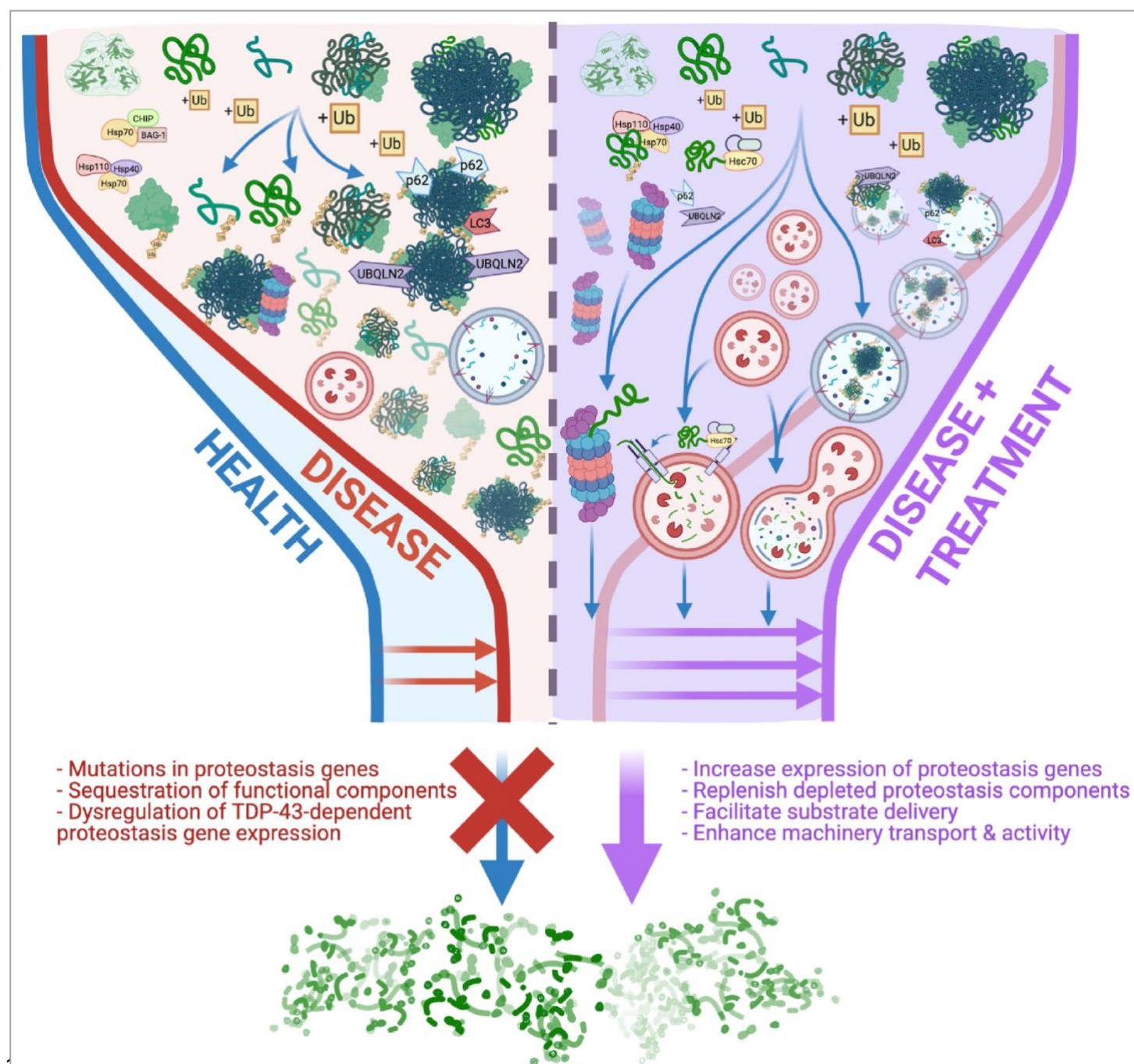
12  
13 An important caveat to these observations on TDP-43 clearance is that most have been made using  
14 over-expression models and fluorescently tagged fusion proteins, with the roles of endogenous protein  
15 clearance systems only inferred by pharmacological or genetic modulation of specific protein  
16 degradation systems or components (Casella et al., 2019; Casella et al., 2017; Cicardi et al., 2018;  
17 Scotter et al., 2014; Urushitani et al., 2010; Wang et al., 2010). Exogenous over-expression and/or  
18 reporter tagging of wild-type or pathology-mimicking TDP-43 may alter its stability, abundance, and  
19 aggregation propensity. These parameters can be further impacted by varying experimental  
20 conditions and cellular or animal model used (Conicella et al., 2020; Gasset-Rosa et al., 2019; Huang  
21 et al., 2020; Nonaka et al., 2009). Experimental conditions including dosage and timing of the  
22 application of modulators can also alter endogenous protein degradation responses.

23  
24 Regardless, a wealth of evidence supports a role for these essential endogenous proteostasis  
25 systems in mitigating the aggregation and persistence of TDP-43 species. Overall, many of the  
26 molecular interactions that mediate the specific and selective clearance of TDP-43, among other  
27 damaged, dysfunctional or aggregating proteins in the cell, have been determined. However, it will be  
28 necessary to further characterise the cross-talk between pathways and multiple seemingly  
29 interchangeable components of the proteostasis network in neurons, and to understand neuron-  
30 specific requirements and determinants of proteostasis, in order to develop effective and safe  
31 interventions that target proteostasis dysfunction and pathological protein aggregation in  
32 neurodegenerative disease.

33  
34 Future considerations for the development of therapies aimed at removing pathological TDP-43 in  
35 disease are three-fold: i) the proteostasis network may be dysfunctional in ALS and FTD, due to  
36 ageing-related decline or disease-associated mutations which impair clearance capacity, ii) the  
37 increasing burden of cytoplasmic TDP-43 sequesters proteostasis proteins, which impair their  
38 functions, and iii) loss of TDP-43-dependent mRNA processing functions leads to further dysregulated  
39 expression of important proteostasis proteins to exacerbate deficits. Therefore, stimulation of

1 defective protein clearance mechanisms may be hampered by the pathological dysfunction of those  
 2 systems in disease. Novel therapies must therefore develop strategies for the fine regulation of  
 3 proteostasis components with these considerations in mind, to ensure effective restoration or  
 4 enhancement of neuronal protein degradation capacity in the face of TDP-43 aggregation and  
 5 dysfunction.

6  
 7 To summarise our understanding of this complex relationship between TDP-43 pathology and  
 8 proteostasis capacity, **Figure 4** illustrates the constraints of neuronal protein clearance systems in  
 9 relation to the accumulation of cytoplasmic pathological TDP-43 protein species, before and after  
 10 proposed treatments that enhance endogenous degradation capacity.



12 **Figure 4.** Schematic representation of the 'TDP-43 proteostasis bottleneck', depicting how  
 13 changes in protein clearance capacity influence the accumulation and persistence of  
 14 pathological TDP-43 species in disease, and effects of potential treatments. Maintaining protein



1 homeostasis requires clearance of excessively abundant, misfolded or aggregated proteins. Essential  
2 protein clearance systems each feature several 'rate-limiting' steps that demand efficient coordination  
3 of the availability, localisation, transport, and activation of specialised degradation machineries. In  
4 **HEALTH**, the UPS, ALP, CMA and HSR operate together at a rate that prevents the accumulation of  
5 pathological TDP-43 proteins. In **DISEASE**, these systems may be compromised via disruptions to  
6 their components that restrict their capacity for TDP-43 degradation, leading to a 'bottleneck' effect,  
7 whereby TDP-43 aggregation exceeds degradation rate, leading to pathology formation.  
8 **TREATMENT** strategies could alleviate restrictions of these protein clearance systems and enhance  
9 their function to increase overall protein degradation capacity. This would result in "widening" the  
10 proteostasis bottleneck in disease, to facilitate greater removal of pathological TDP-43 species.  
11 Decreasing the accumulation of cytoplasmic TDP-43 will likely mitigate cellular dysfunction and  
12 toxicity, and restore the physiological abundance, localisation and function of TDP-43, to enhance  
13 neuronal function and survival. Schematic figure created with *BioRender*.  
14

15

## 16 **4 Advances in therapeutic approaches against TDP-43 pathology**

17 Given that many upstream disease mechanisms converge on TDP-43 dysfunction and aggregation,  
18 therapeutics that ultimately lead to a decrease in TDP-43 pathology hold promise for ALS, FTLN-TDP,  
19 and other TDP-43 proteinopathies. However, due to the essential requirement of TDP-43 for survival,  
20 its complex autoregulatory expression mechanism, and the necessity for strict maintenance of TDP-  
21 43 levels in all cells of the body, direct depletion of TDP-43 is likely to be unviable and indirect  
22 approaches for ameliorating TDP-43 pathology will most likely be required for effective therapies.  
23 Importantly, approaches that decrease TDP-43 aggregation in the cytoplasm would be expected to  
24 result in a return of normal TDP-43 levels in the nucleus, thereby ameliorating the toxic effects from  
25 cytoplasmic accumulation of TDP-43 as well as reversing the effects of loss of normal TDP-43  
26 function. We discuss the most promising approaches to achieving disease-modifying therapies below.  
27

28

### 28 **4.1 Promising human clinical trials of protein clearance/folding-modulating small** 29 **molecules in ALS and FTD**

30 Several small molecules that affect general protein clearance pathways have been tested clinically in  
31 people living with ALS. Although this approach is not specifically targeted towards TDP-43, any  
32 positive effects of such an approach are likely to be at least in part due to decreased levels of  
33 pathological TDP-43. For example, the small molecule enhancer of autophagy, bosutinib, is currently  
34 in phase 1 clinical trial for ALS (Imamura et al., 2019). Previously, another proposed small-molecule  
35 autophagy enhancer, tamoxifen, was tested in a small study of ALS patients and showed a potential  
36 for positive effects, warranting larger studies (Chen et al., 2020). Most promisingly, the dual-  
37 component AMX0035 (composed of sodium phenylbutyrate, possibly acting as a chemical chaperone,  
38 and tauroursodeoxycholic acid, possibly acting to block mitochondrial-mediated apoptosis) has shown  
39 promise in slowing functional decline in people with ALS in the CENTAUR phase 2 clinical trial  
40 (Paganoni et al., 2021; Paganoni et al., 2020), and is now progressing to phase 3 studies and  
41 therapeutic approval applications. Lithium, potentially partly acting to modulate the mTOR pathway of  
42 autophagy, has shown benefit in increasing survival specifically in ALS patients with *UNC13A* risk  
43 alleles, suggesting the potential for personalised therapies based on genetic predisposition to disease

1 (van Eijk et al., 2017). Overall, these human clinical trials indicate that small molecule-mediated  
2 modulation of proteostasis may be protective against TDP-43 proteinopathies, although it remains to  
3 be determined whether any positive effects can be directly attributed to decreased levels of  
4 pathological TDP-43.

5

## 6 **4.2 Recent gene therapy advances informing ALS and FTD treatments**

7 Improvements in the technology for producing and delivering gene therapies now allows for safe,  
8 targeted, and efficacious modulation of disease-associated gene and protein expression. This has  
9 created a variety of promising treatment opportunities for inherited and sporadic diseases of relevance  
10 to ALS and FTD. For example, the FDA recently approved an innovative antisense oligonucleotide  
11 (ASO) gene therapy to treat spinal muscular atrophy (SMA), a rare disease affecting motor neurons,  
12 that is caused by a mutation in the survival motor neuron 1 (SMN1) gene (Finkel et al., 2017). Most  
13 children with SMA die in early childhood due to respiratory failure; however, a one-time intravenous  
14 delivery of adeno-associated virus and motor neuronal expression of fully functional SMN1  
15 significantly improved muscle function and lifespan (Mendell et al., 2017). This provides very strong  
16 proof of concept for using targeted ASOs in people to rescue motor neuron function and survival,  
17 raising the hope for similar successes in ALS treatments. Currently, promising human ALS clinical  
18 trials are employing similar ASO approaches to target preferential knock-down of disease-associated  
19 repeat-containing transcripts in inherited forms of ALS and FTD (Klim et al., 2019a). The ASO  
20 treatment most advanced in trials for ALS is the *SOD1*-targeted Tofersen (BIIB067, NCT02623699),  
21 currently in Phase 3, which has shown decrease *SOD1* concentrations within the cerebrospinal fluid  
22 at the highest concentration administered intrathecally over 12 weeks (Miller et al., 2020; Miller et al.,  
23 2013). Although Tofersen targets *SOD1*, an ALS pathology independent from TDP-43, it has sparked  
24 a wave of ASO development for ALS. For example, Phase 1b/2a trials have begun for an ASO  
25 targeting the hexanucleotide repeat expansion of *C9ORF72* (WVE-004, NCT04931862), in patients  
26 with *C9ORF72*-linked ALS or FTD, after showing a beneficial reduction in *C9ORF72* DPRs, RNA foci,  
27 and toxicity in *C9ORF72*-ALS patient-derived motor neurons and mice (Chew et al., 2015; Liu et al.,  
28 2021). Reduction of *C9ORF72* DPR pathology in response to targeted ASOs correlates with a  
29 decrease in concomitant TDP-43 pathology and beneficial outcomes in mice (Cook et al., 2020).  
30 Therefore, it is possible that the therapeutic benefits of correction of *C9ORF72* disease are related to  
31 amelioration of TDP-43 dysfunction and aggregation. Phase 1 trials are also underway for BIIB105  
32 (NCT04494256) in sporadic or *ATXN2*-associated ALS patients, which targets toxic intermediate-  
33 length polyglutamine repeats of *ATXN2*, and extends-lifespan and decreases TDP-43 pathology in  
34 mice (Becker et al., 2017).

35

## 36 **4.3 Genetic discoveries reveal novel modifiers of TDP-43 pathology**

37 Given that genetic depletion of TDP-43 itself is unlikely to be a viable approach for therapy, targeting  
38 upstream modifiers of TDP-43 pathology development, or its critical downstream consequences,  
39 presents alternative approaches. Recent studies have identified gene variants that are associated



1 with or predispose to TDP-43 pathology, which implies that these genes regulate either direct or  
2 downstream cellular changes that facilitate the formation of TDP-43 pathology in neurons. Targeting  
3 these genes therefore offers an opportunity for modifying pathways that cause TDP-43 dysfunction,  
4 without the need to directly target TDP-43 itself. Likewise, if the critical determinants of  
5 neurodegeneration downstream of TDP-43 dysfunction are identified, these could potentially be  
6 harnessed for therapies. Such downstream players whose functional loss leads to neurodegeneration  
7 following TDP-43 dysfunction include stathmin-2 (*STMN2*), the expression of which is highly  
8 decreased with TDP-43 loss of function in disease, due to alterations in TDP-43-dependent *STMN2*  
9 mRNA splicing (Klim et al., 2019b; Melamed et al., 2019). Loss of nuclear TDP-43 causes alterations  
10 in the splicing of numerous other substrates, including *UNC13A*, leading to a loss of *UNC13A* protein  
11 that may predispose to neurodegeneration (Brown et al., 2021; Ma et al., 2021). Indeed, genome-wide  
12 association studies (GWAS) have identified alleles in the *UNC13A* gene that increase risk of ALS and  
13 FTD (van Es et al., 2009; Yang et al., 2019), confirming the key role of this gene in TDP-43  
14 proteinopathies. It remains to be determined whether modulation of individual downstream targets of  
15 TDP-43 dysfunction will be therapeutically beneficial even in the absence of therapies that stimulate  
16 clearance of pathological TDP-43, although a combination approach employing both strategies may  
17 be synergistically protective.

18  
19 Excitingly, the increasing powers of whole genome sequencing and GWAS are revealing greater  
20 information on genetic modifiers of risk for ALS and FTLD-TDP, offering the potential to identify further  
21 upstream modifiers of TDP-43 pathology amenable to therapeutic targeting. For example, variants of  
22 *TMEM106B* increase the risk of FTLD-TDP (Van Deerlin et al., 2010), with *TMEM106B* recently shown  
23 to be involved in the regulation of lysosomal transport in neuronal axons (Lüningschrör et al., 2020).  
24 Such *TMEM106B* risk variants correlate with increased levels of TDP-43 pathology, while partial  
25 knock-down of *TMEM106B* in model systems similarly increases the accumulation of aggregated  
26 TDP-43 (Mao et al., 2021). Recent very large GWAS of ALS compared to other neurodegenerative  
27 diseases revealed additional disease-associated risk loci (Rheenen et al., 2021), suggesting ever  
28 more human-disease-relevant upstream regulators of TDP-43 pathology development. Similar  
29 genome-wide analyses are also revealing differentially expressed genes associated with ALS,  
30 including several likely related to ALP function, such as *ATG16L2* and *MAP1LC3A* (Saez-Atienzar et  
31 al., 2021). Such genes, acting within known pathways that may directly impact TDP-43 dysfunction,  
32 are promising candidates for therapeutic targeting, potentially using ASO approaches.

33  
34 This progress in revolutionary genetic technologies and human clinical trials holds promise for the  
35 development of effective disease-modifying therapies for ALS and FTD. In particular, the specificity  
36 and adaptability of these molecular therapies will allow for rapid translation of emerging therapeutic  
37 targets and biological pathways of interest. This provides hope for developing approaches to target  
38 TDP-43 proteinopathy in the near future, potentially through the modulation of proteostasis capacity  
39 in people living with ALS and FTD. Further developments of new biomarkers to allow for effective

1 tracking of changes in TDP-43 pathology in both clinical trials and in clinical practice, will be key to  
2 harnessing these developments. This is particularly important for the identification of patients early in  
3 the disease course, as it remains unclear when treatments should be initiated for maximum benefit.  
4

## 5 **5 Conclusions**

6 The field of TDP-43-related research is currently in a transition period, with increased investment in  
7 the development of disease-modifying therapeutics. Treatments that restore native TDP-43 function  
8 and remove pathological TDP-43 proteins hold great potential. In this review, we have evaluated key  
9 literature focused on the complexity of how TDP-43 pathology is triggered, how pathology develops  
10 over time, which endogenous protein degradation mechanisms become activated or impaired  
11 throughout disease, and how this information could be used for targeted therapeutic design.  
12 Importantly, the formation of TDP-43 pathology is a progressive process, involving the generation of  
13 disordered intermediate aggregating protein species that exhibit unique biophysical properties,  
14 acquire modifications, and play different roles in the neurodegenerative process. The intrinsic  
15 structural characteristics and functions of the TDP-43 protein, ALS- and FTD-causing genetic  
16 mutations, extrinsic stressors, and defective proteostasis pathways all likely culminate in the  
17 generation of pathological TDP-43 species. With improvements in therapeutic technologies and  
18 delivery methods, exploitation of endogenous protective protein clearance mechanisms and targeting  
19 of biological pathways that lead to TDP-43 pathology provides a promising opportunity to develop  
20 future treatments for ALS, FTD, and other neurodegenerative TDP-43 proteinopathies.  
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